



Welcome to The University of Osaka

A Guide for Short-term Exchange Students

(Spring 2026)

Xin Yao

Center for International Education and Exchange (**CIEE**),
Institute for International Initiatives, The University of Osaka





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Information from CIEE & IRIS

All information available at:



<https://ciee.osaka-u.ac.jp/information-for-new-international-students/>

CIEE (Center for International Education and Exchange)



CIEE HP

- Provide Japanese courses
- Provide international exchange programs & subjects
- Provide support for international students
- Organize various activities for international students

IRIS (Information Room for International Students)

- Lounge (tea & coffee)
- Study area
- Computers & internet
- Notice boards (scholarships, part-time jobs, etc.)
- Intercultural events (Japanese café, etc.)
- Advice on daily life



See [here](#) for more info

IRIS on each campus



Suita Campus

2F IC Hall

8:30 - 18:00 on weekdays



Toyonaka Campus

2F Student Service & Union

10:30 - 17:00 on weekdays



Minoh Campus

5F

10:30 - 17:00 on weekdays

IRIS Letter

- Events, activities, etc.
- Programs
- Other important notification

you are automatically subscribed

IRIS Letter あいらす通信



Information and announcements of on and off campus international student-related events are posted on KOAN and sent to all enrolled international students to their KOAN registered email.

学内外の留学生関係のイベント情報やお知らせを KOAN に掲載しているとともに、在籍する全留学生に KOAN 登録メールへも送信しています。

あいらすレター：IRIS Letter 20XX No.1 (20XX.4)

* 今回の IRIS レター *

1. 20XX 年度春~夏学期 留学生対象日本語プログラム
2. 学内バス運行のお知らせ
3. 学生定期健康診断

* Contents *

1. Japanese Language Program for International Students, 20XX Spring~Summer
2. The schedule of inter-campus shuttle bus
3. Student medical checkups

..... 1. 20XX 年度春~夏学期 留学生対象日本語プログラム
日本語を学びたい留学生のために様々なプログラムを提供しています。
大阪大学の留学生なら誰でも受講できます。授業開始：4月〇〇日(月)、手続きはすべてウェブで行います。
履修登録締め切りは4月△△日(金)です。
詳細は[こちら](#)をご覧ください。

..... 1. Japanese Language Program for International Students, 20XX Spring~Summer
The University of Osaka offers a variety of courses for those who want to learn Japanese.
Anyone who is an international student of The University of Osaka can take courses in the program.
Registration is handled over the internet. Classes begin on April 〇〇 (Mon.).
Class registration ends on April △△(Fri).
Click [here](#) for more information.

..... 2. 学内バス運行のお知らせ
4月〇〇日(月)から学内バスが運行しています。
詳細は[こちら](#)をご覧ください。

..... 2. The schedule of inter-campus shuttle bus
School buses are in service from April 〇〇 (Mon.).
Click [here](#) for more information.

Sample
20XX/16

IRIS School Visit Program

- Opportunity to visit local schools
- Introduce your culture & interact with local students
- Permit for part time job required



Sign up here

IRIS School Visit Program

学校交流プログラム

Visit local schools, introduce your culture, and interact with local students!
地域の小・中・高等学校の児童・生徒たちと交流したり、自分の国/地域を紹介したりしませんか？

【How to Participate | 参加までの流れ】

01 Pre-registration 事前登録
Indicate your interest in advance via the QR code or the link below
QRコードまたはリンクから事前登録
<https://forms.office.com/r/ISInyQeYZaM>

02 Receive Information 案内メール受信
You will receive a recruitment message when opportunities open up.
募集案内が登録メールに届く
The notification email includes the program schedule, school name, grade level, content, exchange language, number of participants, and pre-meeting date with teachers.
(案内メールには、実施日時、学校名、学年、内容、交流言語、人数、先生との打ち合わせ日が記載されています。)

03 Apply 応募
Apply for a program you are interested in
興味のあるプログラムに応募

04 Join & Participate プログラム参加
Attend a mandatory pre-meeting and then participate in the program
事前打ち合わせ(必須)に参加し、当日のプログラムへ

【Examples of Past Activities | 過去のプログラム例】
*Contents may vary depending on the school and year.
※内容は実施校・年度により異なります。

- Lunch time exchange, self-introduction, dance and games at a preschool
- 保育園で給食交流・自国・地域紹介・ダンスや手遊び
- Presentation and Q&A session at a junior high school
- 中学校でプレゼンテーションと質疑応答
- Group discussion with high school students
- 高校でグループディスカッション
- Calligraphy activity and country/region quiz at an elementary school
- 小学校で書道体験と自国・地域紹介クイズ
- Providing feedback to student presentations at a high school
- 高校で生徒の発表を聞き、コメントをする

【Note | 注意事項】

- Some programs may require a bank account that allows domestic remittances.
- プログラムによっては、国内送金が必要な銀行口座が必要な場合があります。
- Work permit for part-time job is required to participate in this program, as a gratuity will be provided.
- このプログラムに参加するためには資格外活動許可が必要です。(謝金が支払われるため)

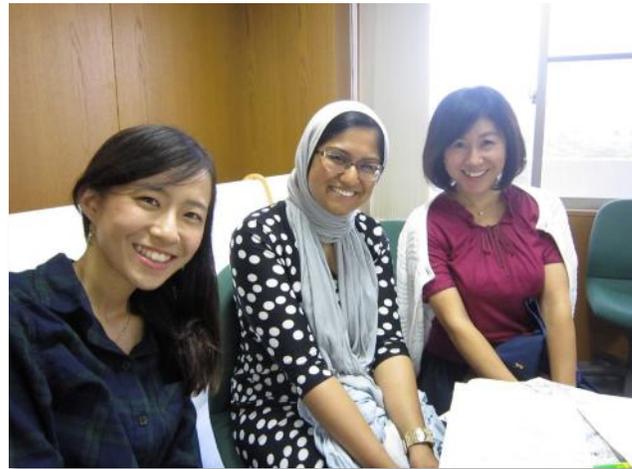
大阪大学 IRIS (Information Room for International Students), Center for International Education and Exchange, Institute for International Initiatives
国際機構国際教育センター 留学生交流情報室IRIS E-mail sv@ciee.osaka-u.ac.jp

Osaka University Host Family Program (OHP)



See [here](#) for more info

- Opportunity to meet a local family
- **NOT** a home stay program (home-visit type)
- Application period: March 19– April 14, 2026





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Essential tips for thriving on and off Campus

In case of emergency

Emergency Card 
※Carry this at all times

Emergency Call

- 110 (POLICE: ACCIDENT, CRIME)
- 119 (FIRE DEPT. : FIRE, EMERGENCY MEDICAL SERVICES)
- Japan IR&C SUPPORT CENTER
Language: Japanese/English/Chinese
TEL (toll-free):0120-119-075(daily, 24hours)

University Offices

- Your Faculty: _____
- Faculty's Phone NumberTEL _____
- IRIS : TEL06-6879-7076

English OK

English, Chinese,
Korean, Portuguese,
Spanish OK (using
external interpretation
service)

 **MY INFORMATION**

名前/NAME: _____

住所/ADDRESS: _____

プログラム/FACULTY: _____

大学/UNIVERSITY: 大阪大学/The University of Osaka

緊急連絡先/EMERGENCY CONTACT: _____

In the event of any trouble, particularly if you are not fluent in Japanese or unfamiliar with the proper protocol, **CALL THIS NUMBER!** Available 24/7.

Counseling rooms

There are counseling rooms to assist international students with their campus life and overall well-being.



See [here](#) for more info

新しく大阪大学の仲間になった学生*の皆さんへ
Dear New Students*, WELCOME TO The UNIVERSITY of OSAKA!

大阪大学は学生の皆さん1人1人が充実した大学生活を送れるようサポートしています。このパンフレットにある「阪大初心者向けQ&A」や留学生相談室マップなどにある様々なサポーターを是非活用してください！
*このパンフレットは留学生を主な対象としていますが、阪大が初めての一般学生にも参考になります。

The University of Osaka supports every one of you, so that you can have a fruitful academic and campus life at The University of Osaka. This pamphlet has been put together with the aim of supporting your life at The University of Osaka with such information as "Q&As for newcomers to The University of Osaka" and a "Map of Advising Rooms for International Students." We sincerely hope it will be useful for you. *Although this pamphlet has been made with the new international students in mind, it will also be useful to all new students to The University of Osaka.

阪大初心者向けQ&A

Q1 大阪大学に入ったばかりで、まだどこに何があるかわからないし、とても不安です。
I am totally new to The University of Osaka and feel that I know nothing. I feel lost.

Q2 初めて1人で生活を始めたので、知り合いも友人もいません。
I have just started a new life here at Osaka by myself. I know no one. I have no friends here.

Q3 日本語に(英語にも)自信がなく、コミュニケーションに不安があります。
I am not good at Japanese (English), and I don't know whether I can communicate with people here.

Q4 これから大阪大学での勉強や研究がちゃんとできるか心配です。
I am worried whether I will do well in my studies and research at The University of Osaka.

Q5 大阪大学に来る前に想像していたことと今の自分の状況が違って、どうしていいかわかりません。
The image I had before coming to The University of Osaka is so different from what I am facing now. I do not know what to do.

大阪大学留学生支援フロントスタッフネットワーク作成 (2025.8更新)
By Front Staff Network in Support for International Students, The University of Osaka

Download the UOsaka counselling service pamphlet

Health & Counseling Center (HaCC)

- Available on each campus
- Free for students, researchers, staff
- Appointment-based consultation
- Medical check-up mandatory for all newcomers



See their HP for:

- Locations
- Opening hours
- Medical check-up schedule, etc.

Harassment Counseling Office

- Harassment counseling office available on each campus
- Academic, sexual, workplace harassment, etc.
- English counseling available
- Appointment required



See [here](#) for:

- Locations
- Opening hours
- Counselor list, etc.

University Cooperative (CO-OP)

- If you become a member, you'll get discount at university CO-OP stores & cafeterias (books, stationary, meals, etc.)
- 3,000-yen (will be reimbursed upon leaving UOsaka) to become a member



See [how to become a member](#)

Crime & disaster prevention

- What to do in the event of a natural disaster?
- How to prepare for natural disasters/ prevent crimes in daily life?
- And more...



See [here](#) for more info

Attention: Avoid drinking problems, drugs, antisocial cults, SNS troubles

- Do not engage in illegal substance abuse
- Stay away from antisocial cults, who may attempt to recruit you under the guise of university clubs
- Use SNS with caution



See [here](#) for more info on how to prevent troubles

Attention: Bicycle accident prevention

- **Bicycle insurance** required
- Pay attention to rules & laws in Japan: **Keep left**, ride in the direction of traffic, **no using of electronics/ umbrella etc. while riding**, **no drunk cycling**, no cycling side by side, no riding double, turn on your lights at night
- Wear a helmet



See [here](#) for more info

“Campus Members”

- UOsaka is a member of “Campus Members”
- Special discounts at museums, etc. are available
- Present your student ID to avail of these benefits



See [here](#) for more info

知ってる??

キャンパスメンバーズ

大阪大学では、学生や教職員に文化や芸術、科学や歴史に広く自由に接する機会を提供するために、美術館や博物館等に無料で入場できるキャンパスメンバーズに加入しています。

学生証・教職員証を提示することで以下の施設で特典を受けることが出来ますので、学生のみならず、この制度を共に活用してください。(※年度により利用施設が変更となる場合があります。)

Osaka University is a member of the **Campus Members Program** in which several museums offer a number of benefits such as **free admission**. This is to provide opportunities for students, faculty and staff to experience and be exposed to culture, art, science and history. Under this program, by presenting your **student, faculty or staff ID card** at the reception counter, you may receive benefits offered by the museums listed on this page. Why not take advantage and enjoy a day at a museum? (Please note that available facilities offering benefits are subject to change.)

Campus Members – Museums and Art Museums

特典 Benefits offered	常設展の無料観覧 Free admission to permanent exhibitions * ¥100 discount only	特別展・共催展の割引観覧 Discounts on special and joint exhibitions		
美術館 Art Museums	1 国立国際美術館 The National Museum of Art, Osaka	2 京都国立近代美術館 The National Museum of Modern Art, Kyoto	3 大阪市立美術館 Osaka City Museum of Fine Arts	
博物館 Museums	4 大阪市立東洋陶磁美術館 The Museum of Oriental Ceramics, Osaka	5 大阪歴史博物館 Osaka Museum of History	6 大阪市立自然史博物館 Osaka Museum of Natural History	
	7 国立民族学博物館 National Museum of Ethnology	8 奈良国立博物館 Nara National Museum	9 京都国立博物館 Kyoto National Museum	その他 Other
	10 大塚城天守閣 Osaka Castle Museum	11 大阪市立科学館 Osaka Science Museum	12 アサヒビール大山崎山荘美術館 ASAHI BEER OYAMAZAKI VILLA MUSEUM OF ART*	

大阪大学
OSAKA UNIVERSITY

International student associations

Africa	ASAO		
Bangladesh	OUSAB		
China	OUCSA		
India	OIA		
Indonesia	PPI-ON	 	https://osakanara.ppijepang.org/
Korea	OUKSA	 	https://www.osakaunivkr.com/
Philippines	FILSSO	 	
Taiwan	OUTSA	 	
Vietnam	VYSA		

Osaka Muslim Association	OMA	
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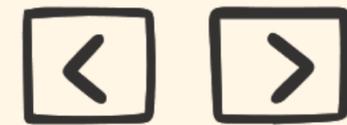
Osaka University International Students Association	OUIISA	  
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See [here](#) or ask IRIS staff for more info



**Be safe
&
Enjoy your
stay in Osaka!**

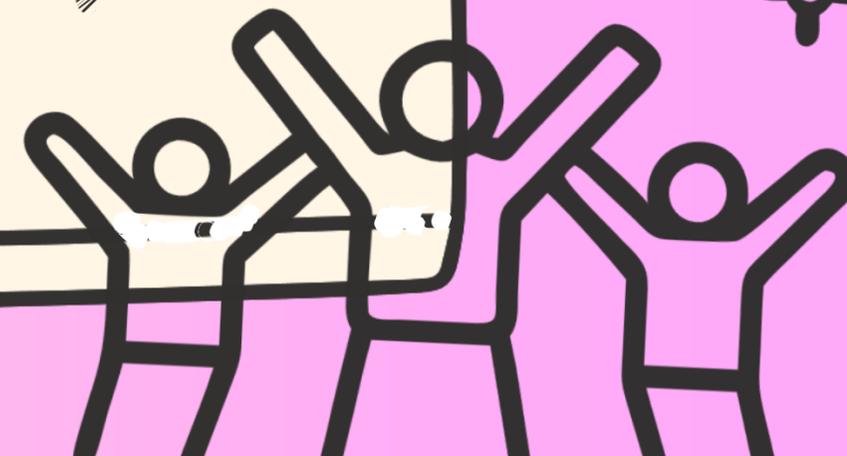


Hi..! Nice to meet you

B.S.P. 紹介



INTRODUCTION OF
BROTHERS AND SISTERS
PROGRAM





What is B.S.P. ?

A student organization that promotes
**International exchanges between
local students and international students** at The
University of Osaka.

Supported by
国際教育交流センター(CIEE)

活動 ACTIVITIES



Takoyaki Event



Oden & Teokbookki Event

活動
ACTIVITIES



Calligraphy Event



Japanese tea ceremony Event

活動

ACTIVITIES



Japanese Cafe



English Cafe

活動

ACTIVITIES



Osaka Castle Day Trip



Night Walk Event



活動 ACTIVITIES



Welcome Party

活動

ACTIVITIES



=

Welcome Party



=

Welcome Party



UPCOMING EVENTS



<Campus Tour >

Toyonaka B.S.P. 4/3(Fri.)13:00-
4/7(Tue.) 15:00-

Suita B.S.P. 4/6(Mon.)12:00-13:00

Minoh B.S.P. 4/9(Thu.) 14:00-

<Welcome Party >

Toyonaka B.S.P. 4/24(Fri.)

Suita B.S.P. 4/17 (Fri.)

Minoh B.S.P. 4/23(Thu.)

<Language Cafe >

The event is scheduled to take place at each campus.

Check our Instagram for updates!



LOCATION



Suita Campus

IC Hall 2nd Fl. IRIS

Open

Weekday 8:30-18:00

Toyonaka Campus

Student Service & Union

2nd Fl.

CIEE Toyonaka Branch (IRIS)

Open

Weekday 10:30-17:00

Minoh Campus

Research and Education Hub

5th Fl.

CIEE Minoh Branch (IRIS)

Open

Weekday 10:30-17:00

SOCIAL MEDIA



【Instagram】



@OU_BSP_SUITA



@OU_BSP_TOYONAKA



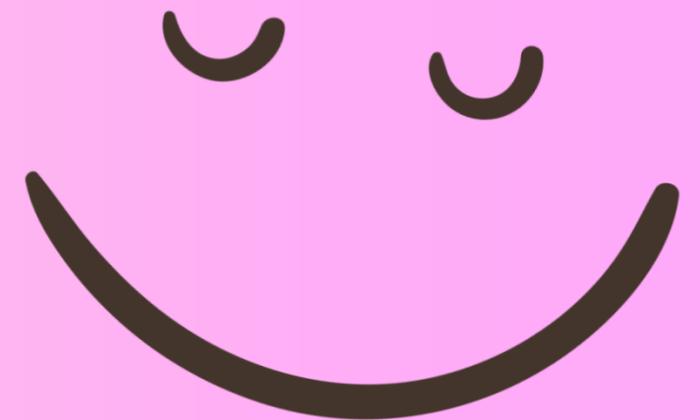
@OU_BSP_MINOH

【Facebook&X】





THANK YOU !!





**Osaka University
International Students
Association**



OUIA

Who are we?

Since 2003

For international students
by international students

- ✓ Help and support in your daily life
- ✓ Host events
- ✓ Promote intercultural exchange
- ✓ Connect with local communities



Our goal: Work together in creating fun and exciting events for everybody!



About us

We provide the **platform** for students to **meet each other, share experiences** and take part in different events.

OUIA is all about **sharing, learning and networking** among the students of The University of Osaka. We focus on strengthening the **friendship** and sharing experiences with students from **different ethnic communities** coming from different parts of the world.

You may be a **short-term exchange student**, or an **undergraduate** or **graduate student** who will be studying at The University of Osaka for a longer period. Yet you may want to meet other students and share experiences, organize and participate in events and most importantly make friends.

AT OUIA, THAT IS WHAT WE DO!



Our events and activities

Campus Tour and Orientation

(April/October)

- Introducing our campus to new students
- Done together with **B.S.P.** (Brothers and Sisters Program)

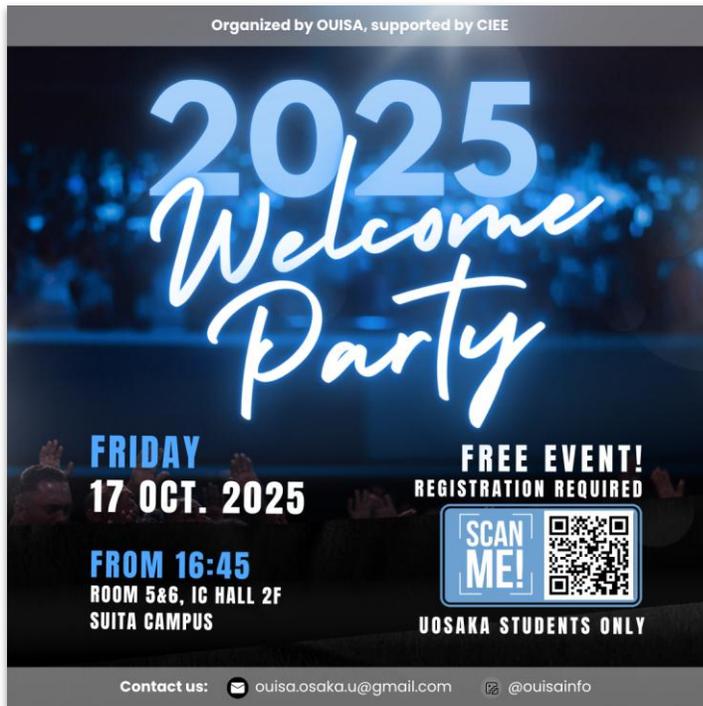


SUITA CAMPUS TOUR

Apr. 6th (Mon) - from 12:00 - meeting @Convention Center

Welcome Party (April/October)

- Together with **B.S.P.**
- Welcome to new students to their new life in our university



Workshops and Talks (April/October)

Organized by OUSA
Supported by CIEE



Daily Life Orientation

Oct. 10 (Fri) 12:10 - IRIS Suita Campus

Living in Japan is an amazing experience, but it also comes with a few challenges. Our orientation event is here to help you!
You'll get tips from **experienced students** on everyday life issues, and how to make the most of your time in Japan. It's a great chance to ask questions and get ready for your new life in Japan. **Don't miss out!**

Topics:

- Various procedures (City Hall, Post Office, Bank, SIM card)
- Housing and Rules
- Health and Insurance
- Transportation (train, bus, bike)
- Daily life in UOsaka Campus
- Manners in Japan

Apply Now (UOsaka students only)
and check all event details



Contact us:  ouisa.osaka.u@gmail.com  @ouisainfo

- **Daily Life Orientation:**
FOR NEWCOMERS

Introduction about daily life hacks

- Various procedures (city hall, bank, etc)
- Housing
- Health and insurance
- Transportation
- Local places to eat
- Supermarkets and other services
- Phone and Wi-Fi

Sports Festival (June or November)

- Badminton, basketball, table tennis, volleyball, soccer, yoga, etc...
- For international students mainly, but *local students* can join too



Our events and activities

Language Cafes (every month)

Currently available:

- French
- Spanish



We are open to suggestions!

If you want to organize your native language cafe, please contact us :)

OUIA Nature / City Walks (every other month)

- Easy-medium level *hiking* to natural sites
- Visits to interesting spots located in the urban network (Osaka Castle, museums, seasonal events)



**Nature Walk:
Nagai Botanical
Garden**

Organized by OUIA. Supported by CIEE

Let's explore the wonders of autumn at Nagai Botanical Garden — where fiery momiji awaits.

Date: 29th Nov, 2025
Time: 10:00 am
Meeting Points and other details can be found in the registration form

Register here!

Open to 25 participants!
UOsaka students only!



ORGANIZED BY OUIA, SUPPORTED BY CIEE

OUIA CITY WALK

**Osaka Castle
Illumination**

On 14 Jan. 2024 (Sun.)

Meeting Point & Time:
Kita-senri Station Gate at 15:50, OR
Temmabashi Station Exit 3 at 16:50
Entrance fee: ¥1500

REGISTER HERE ↓



OU students only, limited
to 20 participants

CONTACT US:
OUIA.OSAKA.U@GMAIL.COM @OUIAINFO @OUIA.OU



Organized by OUIA, supported by CIEE

HIKING TRIP TO NARA

A peaceful daytime hike through Nara Park, visiting the majestic Great Buddha at Todaiji and the historic, forested paths leading to Kasuga Taisha Shrine

Date: May, 18th (Sunday)
Time: from 10:00am

Meeting points:
1. Hankyu Yamada Station @10am
2. Kintetsu Nipponbashi Station @11am

OPEN TO 25 PARTICIPANTS
UOSAKA STUDENTS ONLY
REGISTER HERE ↓

SCAN ME!



Contact us: ouisa.osaka.u@gmail.com @ouisainfo



Cooking events (every other month)

- Learn recipes from different countries
- We try to always provide **vegetarian** and **halal** options too!



Do you want to join us?



- OUIA is a **volunteer organization** and since you register as a foreign student at The University of Osaka **you can become a member of OUIA.**
- If you want to be **active** in your campus life, help organize fun events for everybody, and **make new friends**, you can join us!
- Studies are the priority for any student, so you are welcome to participate **when you have free time.**



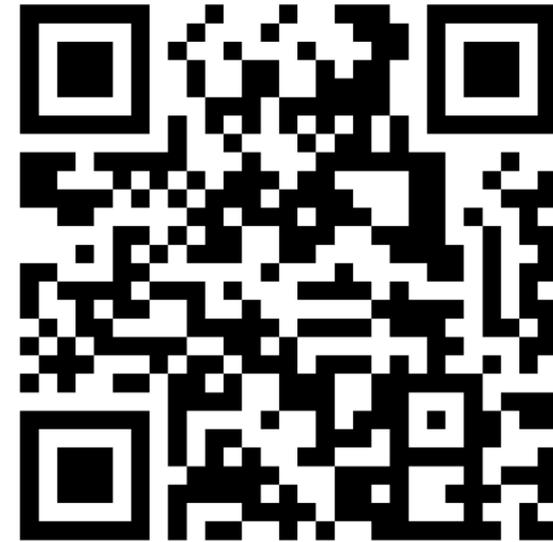
Instagram



www.instagram.com/ouisainfo/



Facebook



www.facebook.com/OUISA.OU/



Interested in our events?

Subscribe to our mailing list

OR

Join our Monthly Meetings

Every 1st Friday of the month

Time: 5 PM – 6 PM

Place: IRIS, IC Hall 2nd floor, Suita Campus

INTERESTED ON
RECEIVING INFO
ABOUT OUR EVENTS
AND DAILY LIFE VIA
EMAIL?



SUBSCRIBE TO OUR



OSAKA UNIVERSITY INTERNATIONAL
STUDENTS ASSOCIATION'S
MAILING LIST

IF YOU WANT TO TAKE AN ACTIVE PART
IN EVENTS PLANNING, ALSO
SUBSCRIBE AS AN OUISA TEAM MEMBER

