

Welcome to the University of Osaka - Living Guide -



Sachi Okamoto

Center for International Education and Exchange

1. INFORMATION FROM CIEE & IRIS

Details are available here!



<https://ciee.osaka-u.ac.jp/information-for-new-international-students/>

CIEE (CENTER FOR INTERNATIONAL EDUCATION AND EXCHANGE)

WHAT WE DO FOR YOU

- JAPANESE COURSES
- INTERNATIONAL STUDENT SUPPORT

Visit our website!



IC Hall (Suita Campus)

The screenshot shows the CIEE website homepage. At the top, there is a header with the CIEE logo (大阪大学国際教育交流センター) and a search bar. Below the header, there are two main sections: "Support Students' Global Learning and Growth" and "Center for International Education and Exchange". The "Support Students' Global Learning and Growth" section features four images: a group of students and staff, a group of students in a classroom, a group of students in front of a traditional Japanese building, and a group of students in a meeting. The "Center for International Education and Exchange" section lists various services: International Exchange, Education, Career Support, Consultation, Study Abroad Seminars, and Overseas Training. On the right side, there is a vertical navigation menu with links to About CIEE, Education, Research / Development, Inbound Short-Term Programs, Outbound Programs, Student Support, International Exchange, and Collaboration / Contribution. At the bottom right, there is a logo for Osaka University (大阪大学) and the text "Center for International Education and Exchange".

IRIS

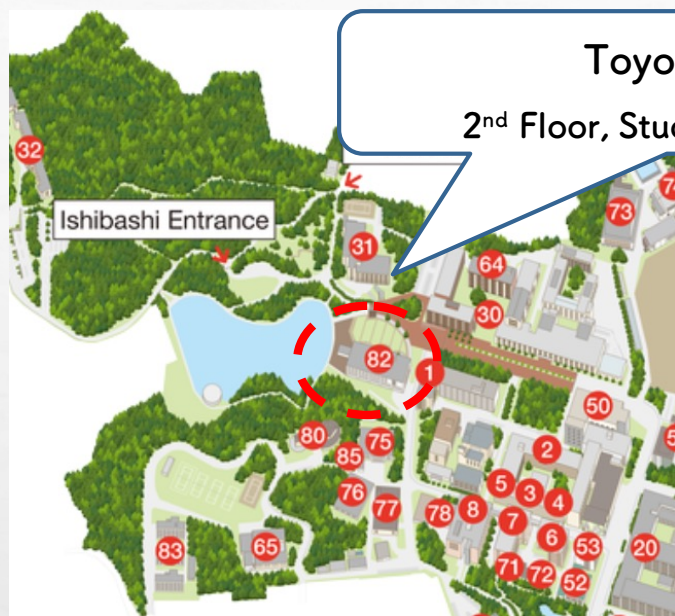
(INFORMATION ROOM FOR INTERNATIONAL STUDENTS)

- ADVICE ON DAILY LIFE
- STUDY AREA
- COMPUTERS & INTERNET
- LOUNGE (TEA & COFFEE)
- NOTICE BOARD (E.G. SCHOLARSHIPS, PART-TIME JOBS)
- INTERCULTURAL EVENTS (E.G. JAPANESE CAFE)



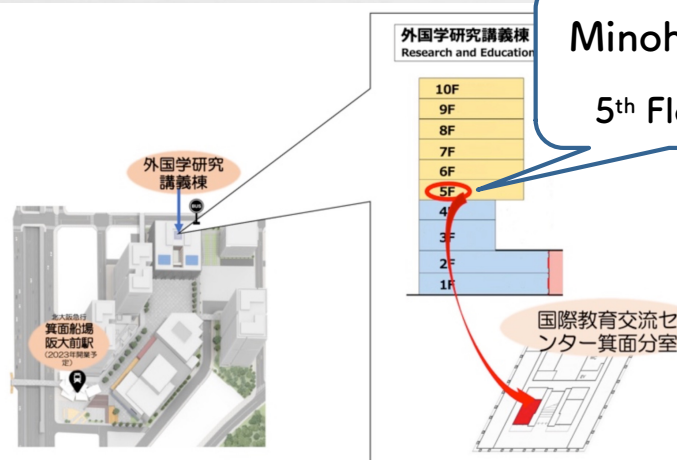
IC Hall 2F (8:30 – 18:00)

IRIS on other campuses



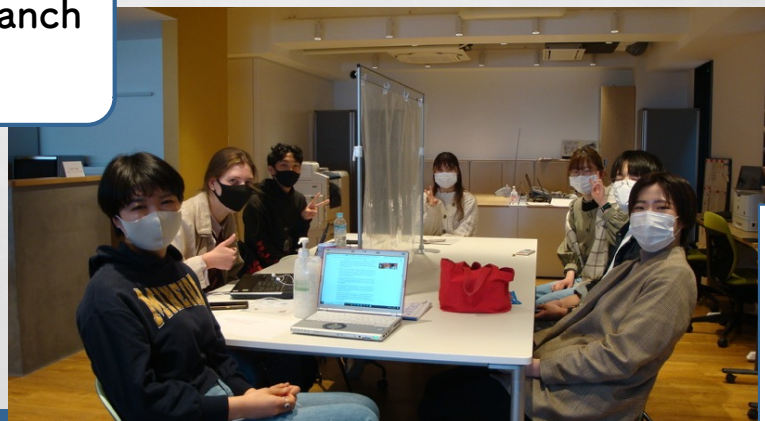
Toyonaka Branch

2nd Floor, Student Service & Union



Minoh Branch

5th Floor



Find more
Details ↓



OPEN 10:30-17:00 (Mon-Fri)

IRIS LETTER

- Information for international students
- Events/activities
- Programs
- Notice

You are already registered!

IRIS Letter

あいりす通信



IRIS Letter provides you with various information and announcements about upcoming events and activities. If you would like to receive IRIS Letter, please fill in the registration sheet at IRIS or you can just send us an E-mail with your 1) name, 2) faculty or course, 3) nationality.

学内外の留学生関係のイベント情報やお知らせがメールで届く IRIS Letter。

受信を希望する人は IRIS で登録するか、1) 名前、2) 学部（またはコース）、3) 国籍を以下のメールアドレスに送ってください。

IRIS 【iris@ciece.osaka-u.ac.jp】

あいりすレター：IRIS Letter 2015 No.1 (2015.4.)

* 今回の IRIS レターも

1. 2015 年度春学期 留学生対象日本語プログラム
2. 学内バス運行のお知らせ
3. 学生定期健康診断
4. ウェルカムパーティ @吹田キャンパス

* Contents of this IRIS-letter *

1. Japanese Language Program for International Students, 2015 spring
2. The schedule of inter-campus shuttle bus
3. Student medical checkups
4. Welcome Party @Suita Campus

::::: 1. 2015 年度春学期 留学生対象日本語プログラム

日本語を学びたい留学生のために様々なプログラムを提供しています。
大阪大学の留学生なら誰でも受講できます。授業開始：4月9日(木)、手続きはすべてウェブで行います。履修登録締め切りは4月22日(水)です。

詳細は http://www.ciece.osaka-u.ac.jp/japanese_program/guidebook.html

::::: 1. Language Program for International Students, 2015 Spring Osaka University offers a variety of courses for those who want to learn Japanese.
Anyone who is an international student of Osaka University can take courses in the program.
Registration is handled over the internet. Classes begin on April 9th (Thu.).
Class registration ends on April 22nd (Wed.).

http://www.ciece.osaka-u.ac.jp/en/japanese_program/guidebook.html

::::: 2. 学内バス運行のお知らせ

4月9日(木)から学内バスが運行しています。時刻表は IRIS、または以下の URL で見るすることができます。

<http://www.osaka-u.ac.jp/ia/access/buss.html>

::::: 2. The schedule of inter-campus shuttle bus

School buses are in service from April 9th (Thu.). The schedule sheet is available at IRIS or at

<http://www.osaka-u.ac.jp/en/access/buss.html>

HOST FAMILY PROGRAM (OHP)

- Meet & exchange with local Japanese family
- Duration: Oct - Feb
- Application deadline: Oct. 7th

(Need to attend the event on Oct 25th)

Register from here!



THE IRIS SCHOOL VISIT PROGRAM

The IRIS School Visit Volunteer / Program



IRIS 学校交流ボランティア

- Volunteer Program
- Visit local schools
(elementary, junior-high, high schools)
- Introduce your country/regions
- Interact with local students

Register from here!



2. TIPS ON/OFF CAMPUS

ADVISING ROOMS

Besides IRIS...

- Other advising rooms are available for international students

Online-Leaflet

- Contact Information
- Location of Advising Rooms

Consultation Room Map

新しく大阪大学の仲間になった学生*の皆さんへ

Dear New Students*, WELCOME TO OSAKA UNIVERSITY!

大阪大学は学生の皆さん1人1人が充実した勉学生活を送れるようサポートしています。このパンフレットにある「阪大初心者向け Q&A」や留学生相談室マップなどにある様々なサポーターを是非活用してください！

*このパンフレットは留学生を主な対象としていますが、阪大が初めての一般学生にも参考となります。

Osaka University supports every one of you, so that you can have a fruitful academic and campus life at Osaka University.

This pamphlet has been put together with the aim of supporting your life at Osaka University with such information as "Q&As for newcomers to Osaka University" and a "Map of Advising Rooms for International Students." We sincerely hope it will be useful for you.

*Although this pamphlet has been made with the new international students in mind, it will also be useful to all new students to Osaka University.

阪大初心者向けQ&A

Q1 大阪大学に入ったばかりで、まだどこに何があるかわからないし、とても不安です。

I am totally new to Osaka University and feel that I know nothing.

"Q&As for Newcomers to Osaka University"

Q2 初めて1人で生活をはじめたので、知り合いも友人もいません。

I have just started a new life here at Osaka by myself. I know no one. I have no friends here.

Q3 日本語に（英語にも）自信がなく、コミュニケーションに不安があります。

I am not good at Japanese (English), and I don't know whether I can communicate with people here.

Q4 これから大阪大学での勉強や研究がちゃんとできるか心配です。

I am worried whether I will do well in my studies and research at Osaka University.

Q5 大阪大学に来る前に想像していたことと今の自分の状況が違って、どうしていいかわかりません。

The image I had before coming to Osaka University is so different from what I am facing now. I do not know what to do.

大阪大学留学生支援フロントスタッフネットワーク作成（2014/9第7版）
By Front Staff Network in Support for International Students, Osaka University

IN CASE OF EMERGENCY...

Emergency Card

※Carry this at all times



English OK

Emergency Call

- 110 (POLICE: ACCIDENT, CRIME)
 - 119 (FIRE DEPT. : FIRE, EMERGENCY MEDICAL SERVICES)
 - Japan IR&C SUPPORT CENTER
- Language: Japanese/English/Chinese
- TEL (toll-free): 0120-119-075 (daily, 24 hours)

English, Chinese, Korean,
Portuguese, Spanish OK
(using external interpretation service)

University Offices

- Your Faculty: _____
- Faculty's Phone Number TEL _____
- IRIS : TEL 06-6879-7076

MY INFORMATION

名前/NAME: _____

住所/ADDRESS: _____

プログラム/PROGRAM: _____

大学/UNIVERSITY: 大阪大学/Osaka University

緊急連絡先/EMERGENCY CONTACT: _____

In case of trouble :

& if you do not speak Japanese
& do not know what to do

CALL THIS NUMBER! Available 24hrs

HEALTH & COUNSELING CENTER

- Available on 3 campuses
- Free for students, researchers, staff
- Appointment-based consultation
- Medical check-up mandatory for all new comers



Check out their website for

- location
- opening hour
- medical check-up schedule

IF YOU FEEL YOU ARE BEING HARASSED...

- Harassment counseling offices
- Available on 3 campuses
- Academic, sexual, power harassment etc.
- English counseling available
- Appointment-based consultation

Don't Suffer in Silence...
Our Counselors Will
Listen to You!

At the Counseling Offices, our Professional Counselors and staff will do their best to put themselves in your shoes and listen before they give advice.

• The Counselors will strictly protect and respect your privacy. You may consult anonymously as well.
• You may consult with a counselor under a pseudonym. However, please understand that using a pseudonym limit the help we can provide.

Measures against harassment

• The University will endeavor to provide redress to victims of harassment in the best possible way even while consultations and investigations are still ongoing. No one should suffer disadvantages on the grounds that he/she consulted one of our counselors, and if it is found that any disadvantage has arisen, appropriate measures will be taken.

• The Counseling Office may, with the consent of the counselor, coordinate with the department, etc. to which the alleged offender belongs in order to resolve the problems.

• If it is determined that the Counseling Office cannot resolve the problems or that measures need to be taken to provide redress to the victim or prevent recurrence of the problems, then, with the consent of the counselor, the Office will report the case to the Anti-Harassment Council. Depending on the nature of the consultation, the council may take measures involving the associated department in order to prevent further damage. If an investigation of facts is deemed necessary, the Anti-Harassment Council may ask the Investigation Committee to conduct such an investigation.

• The University gives its first priority to the protection and relief of victims and will assume a reasonably stern attitude to offenders.

Osaka University Harassment Counseling Offices

• If you wish to have a personal interview with a Counselor to receive advice, please make an appointment by phone at the Counseling Office of your choice.
• For the consultation hours of each Counseling Office, please refer to the current information available on our webpage on harassment which can be accessed by visiting "Campus Life" found at the top of any page at Osaka University's website. → "Student Support Service" → "Preventing all types of Harassment"
(http://www.osaka-u.ac.jp/en/guide/student/prevention_sh/).

Suita Campus (4F, UTE Bldg., School of Engineering)



Toyonaka Campus
(2nd floor, Health Care Center-please use the outside stairs on the east side of the Health Care Center)
06-6850-5026(direct line)(Sexual Harassment, etc.)
06-6850-6006(r)(Academic, Power and Other Harassment)



Minoh Campus (3rd floor, Administration Building)
072-730-5112(direct line)



Edited and published by
Osaka University Human Rights Committee and
Counseling Office(Harassment Related Matters)



Osaka University's general approach

In accordance with the spirit of respect for human rights Osaka University and its members must strive to create a liberal, open-minded environment where all members respect one another, communicate on an equal footing as individuals, and make an effort to share equal opportunities to demonstrate their abilities. It is the obligation of all members, and it is the University's social responsibility, to maximize the ability of all members to execute their respective tasks in education, research, and work activities in a healthy and positive environment.

Osaka University works on preventing and finding solutions to these types of harassment in order to maintain a good educational, research, and working environment for all Osaka University students and staff members.

OSAKA UNIVERSITY

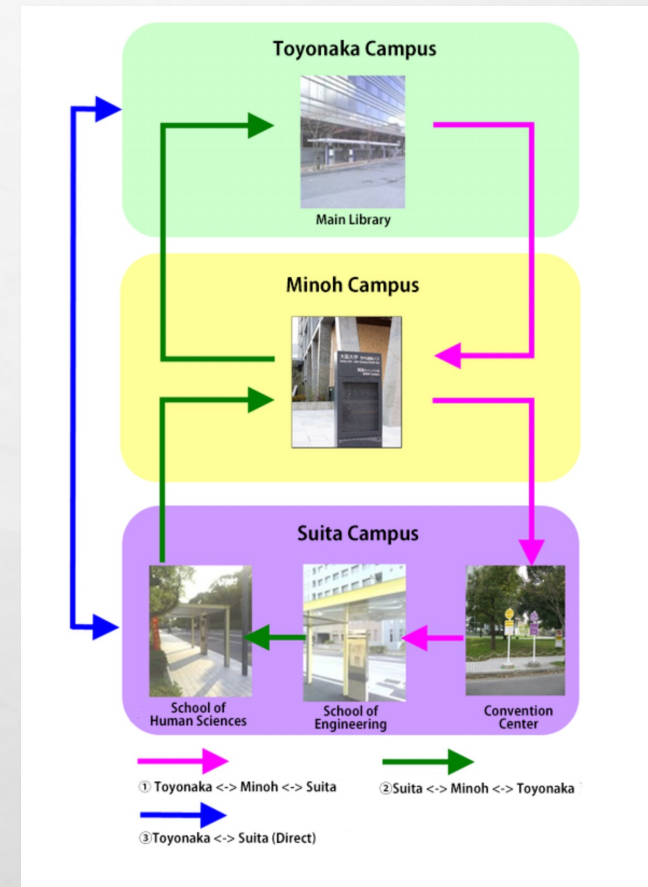
CAMPUS BUS SCHEDULE

- Campus bus is available
- Travels between 3 campuses
- Free
- Only available during terms
(no bus on weekend!)



Check out the website for

- Location
- Schedule



UNIVERSITY CO-OP

- If you become a member, you'll get discount on items at university co-op.
(e.g. books, stationary, cafeteria)
- 3,000-yen to become a member
(you will be refunded when you leave)



↑ Check out the website
for more details!

CRIME & DISASTER PREVENTION

Japan may not be as safe as you think...

- What to do when an earthquake occurs?
- Which items need to be prepared?
- How to evacuate?

Checkout useful tips for yourself!



防犯対策のヒント！ Tips for Crime Prevention !

近年、日本は必ずしも安全ではありません。みなさんのちょっとした「心掛け」「工夫」次第で犯罪被害に合う危険を少なくすることが出来ます。被害にあわないようにするためには、どうしたらよいのか紹介します。

◆ 外出するとき... / When you go out...

短時間の外出でも、部屋の鍵を必ずかける！

◆ 外出中... / While you go out...

ひたたくりにあわないよう、バッグは車道の

夜間一人で暗く人気がない道を通らない。

※遠回りでも、幹線道路など明るくて広い

ヘッドホンは、周囲の音が聞こえず危険！

※携帯電話はいつでも110番できるよう、

防犯ブザーはいつでも使えるよう、携帯する

※防犯ブザーは100円ショップなどで購入

◆ 帰宅するとき... / When you come home...

玄関は、周囲に人がいないことを確認して

◆ 在宅中... / While you stay at home...

来訪者は、相手を確認後にドアを開ける！

女性の1人暮らしと気付かせない！

例、洗濯物は外から見えないところに干す。

カーテンの締めを注意する。

◆ その他 / Others

自転車・バイク・自動車などを停めておく

それでも、もし被害に遭ってしまったら、最

困ったことがあれば、いつでもIRIS（留学生交

防災対策のヒント！ Tips for Disaster Prevention !

Nowadays earthquakes, heavy rains and typhoons occur anywhere in Japan. It is recommended for you to protect yourselves with the following tips.

When an earthquake occurs... (When you receive an emergency alert message...)

◆ Protect yourself / 身を守る

(Indoors) Get under a table or desk.

(Outdoors) Keep away from block walls, signboards, glass windows.



◆ When the ground stops shaking / 揺れがなくなったら

Make sure that the fire is out, and cut off the electricity by switching off the circuit breaker.

If a fire starts, put it out quickly and calmly.

Open doors and windows to secure an exit.



◆ When you evacuate - go to an emergency shelter / 逃げるとき・避難所に向かうとき

Bring an emergency kit. (※1)

Cover your head with a bag or cushion.

Wear socks and shoes.

Do not use a car to evacuate.

Walk away from block walls, signboards, glass windows.

Get accurate information from television, radio, internet and local authorities, etc.



※1 What items in an emergency kit?

Food, water, medicine (its prescription), portable radio, flashlight, battery, lighter, gloves, can opener, towel, raincoat, underwear, socks, valuables, passport, residence card and copy of health insurance card, etc.

◆ Prepare for disasters / 日ごろの備え

Set to receive emergency alert messages. (※2)

Familiarize yourself with the free emergency message recording service.

Secure the furniture in place.

and keep them from falling or moving with an earthquake.

Make sure the location for the emergency shelter.

Prepare for an emergency kit.

Store contact information of your family, friend and local embassy in your mobile phone.

and also place them in your passport or residence card.

※2 What is emergency alert messages?

Emergency earthquake alerts, tsunami warnings, emergency warnings and disaster/evacuation information are delivered to your mobile phone. (free of charge. Settings to receive alerts may vary by device)

When a heavy rain/a typhoon occurs...

Get accurate weather information from television, radio and internet.

Check around outside your house, and put anything can be blown by wind in a house.

Do not go outside.

Prepare for an emergency kit.



RULES AND INSURANCE FOR BICYCLES

- BICYCLE INSURANCE IS REQUIRED
- PAY ATTENTION TO JAPANESE TRAFFIC RULES AND LAWS:
 - KEEP TO THE LEFT SIDE OF THE ROAD
 - USING A SMARTPHONE OR HOLDING AN UMBRELLA WHILE RIDING IS PROHIBITED
 - TURN ON THE LIGHT AT NIGHT
 - WEAR A HELMET



DRINKING, DRUGS, & ANTISOCIAL CULTS

How to avoid troubles on campus

- Do not get involved in illegal drug use
- Stay away from antisocial cults

(may approach you as a university club etc.)

Checkout useful tips for yourself!

Drinking



Drug



Antisocial Cults



INTERNATIONAL ASSOCIATIONS



Bangladesh
OUSAB



China
OUCSA



India
OIA



Indonesia
PPI-ON 



Korea
OUSKA



Philippines
FILSSO



Taiwan
OUSTA



Vietnam
VYSA 



Osaka university Muslim student Association (OMA)

TIPS FOR SIGHTSEEING ETC.

- Osaka University is a member of “Campus Members”
- Special discount at museums etc. are available
- Show you student ID



知ってる??

キャンパスメンバーズ

大阪大学では、学生や教職員に文化や芸術、科学や歴史に広く自由に接する機会を提供するために、美術館や博物館等に無料で入場できるキャンパスメンバーズに加入しています。

学生証・教職員証を提示することで以下の施設で特典を受けることができますので、学生のみさんはこの制度を大いに活用してください。(※年度により利用施設が変更となる場合があります。)

Osaka University is a member of the **Campus Members Program** in which several museums offer a number of benefits such as **free admission**. This is to provide opportunities for students, faculty and staff to experience and be exposed to culture, art, science and history. Under this program, by presenting your student, faculty or staff ID card at the reception counter, you may receive benefits offered by the museums listed on the this page. Why not take advantage and enjoy a day at a museum? (Please note that available facilities offering benefits are subject to change.)

Campus Members – Museums and Art Museums

特典 Benefits offered	常設展の無料観覧 Free admission to permanent exhibitions * ② ¥100 discount only	特別展・共催展の割引観覧 Discounts on special and joint exhibitions
美術館 Art Museums	博物館 Museums	その他 Other
1 美術館 The National Museum of Art, Osaka	1 博物館 The National Museum of Modern Art, Kyoto	1 美術館 Osaka City Museum of Fine Arts
2 美術館 The National Museum of Art, Osaka	2 博物館 Osaka Museum of History	2 美術館 Osaka City Museum of Fine Arts
3 美術館 The National Museum of Art, Osaka	3 博物館 Osaka Museum of Natural History	3 美術館 Osaka City Museum of Fine Arts
4 美術館 The National Museum of Art, Osaka	4 博物館 Osaka Museum of Natural History	4 美術館 Osaka City Museum of Fine Arts
5 美術館 The National Museum of Art, Osaka	5 博物館 Osaka Museum of Natural History	5 美術館 Osaka City Museum of Fine Arts
6 美術館 The National Museum of Art, Osaka	6 博物館 Osaka Museum of Natural History	6 美術館 Osaka City Museum of Fine Arts
7 美術館 The National Museum of Art, Osaka	7 博物館 Osaka Museum of Natural History	7 美術館 Osaka City Museum of Fine Arts
8 美術館 The National Museum of Art, Osaka	8 博物館 Osaka Museum of Natural History	8 美術館 Osaka City Museum of Fine Arts
9 美術館 The National Museum of Art, Osaka	9 博物館 Osaka Museum of Natural History	9 美術館 Osaka City Museum of Fine Arts
10 美術館 The National Museum of Art, Osaka	10 博物館 Osaka Museum of Natural History	10 美術館 Osaka City Museum of Fine Arts
11 美術館 The National Museum of Art, Osaka	11 博物館 Osaka Museum of Natural History	11 美術館 Osaka City Museum of Fine Arts
12 美術館 The National Museum of Art, Osaka	12 博物館 Osaka Museum of Natural History	12 美術館 Osaka City Museum of Fine Arts

大阪城天守閣
Osaka Castle Museum

大阪科学博物館
Osaka Science Museum

アサヒビール大山崎山荘美術館
ASAHI BEER OYAMAZAKI VILLA MUSEUM OF ART

大阪大学
OSAKA UNIVERSITY

3. HOW TO INTERACT WITH YOUR SUPERVISOR

RELATIONSHIP WITH YOUR SUPERVISOR

Clarify your supervisor's expectation while you participate in the intensive Japanese course this semester

- Some expect you to concentrate on Japanese study
- Some expect you to come to the lab after the course everyday
It depends, so please ask and clarify his/her expectation!

RELATIONSHIP WITH YOUR SUPERVISOR

Ask about your expected timeline for the graduate
(if you are planning to pursue to master or doctoral program)

- Some may have a clear plan for you
(e.g. when to take the entrance exam)
 - Some may prefer to wait and see how you do as research students
- * Keep in mind the timing for scholarship extension
- * Check requirements for the exam (e.g. TOEFL, IELTS)

RELATIONSHIP IN A LAB

It is very important to have good relationships in the lab
not only with the supervising professor
but also with other lab members (other faculties, staff, and students)

- In some labs, associate or assistant profs supervise students
- In some labs, senior students supervise students
- Some Japanese students may prefer speaking in Japanese

It is very important for you to learn Japanese during this course

At least, try to use Japanese or show your willingness to speak Japanese especially with those who prefer using Japanese

THANK YOU!



All the information is available here!