

 シラバス参照

<<Last Updated:2025/01/09>>

Course Schedule Information

Course Code	Z26028
Semester	Spring and Summer Term
Day and Period	Mon4
Course Name (Japanese)	Special Topic in Human Sciences IV (Self-formation throughout life)
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Capacity	0
Room	School of Human Sciences/Main School HouseLecture Room12
Course Numbering Code	01HUSC3D001
Type of Class	Lecture Subject
Credits	2.0
Student Year	2,3,4
Instructor	James Anderson,POZSGAI ALVAREZ Joseph
Course of Media Class	Not Applicable

※About Course of Media Class

"Course of Media Class" are classes in which more than half of the classes are held in places other than classrooms by making advanced use of various media.

Undergraduate students can include up to 60 credits in media class course as requirements for graduation.

Even if this is not the case, we may hold classes using the media.

Basic Syllabus Information

Eligibility	
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Detailed Syllabus Information

Course Subtitle	Self-formation Throughout Life	
Language of the Course	English	
Learning Methods	Listening and watching face-to-face/online class: Listening and watching a lecture, video, or demonstration, face-to-face or via online (e.g., attending a face-to-face lecture, watching an on-demand video) Reading: Reading books and academic papers (e.g., summarizing an academic paper, reading information on a website)	
Course Objectives	Understanding the biological and environmental (including social) influences on the development of our sense of self, from birth to old age. Acquiring knowledge of key philosophical and methodological approaches in the study of selfhood, with consideration of relevance in social contexts.	
Learning Goals	1	Understanding about how psychologists (and researchers in related disciplines) approach issues pertaining to our sense of "Self" (e.g., self-awareness, self-consciousness, self-recognition, self-esteem, self-control)
	2	Through reading and learning about developmental, comparative, experimental and socially oriented research on the self (including cases of diminished sense of self), students will analyze a range of topics, considering both complementary and conflicting evidence.
Requirements, Prerequisites	No specific textbook is used.	
Class Plan	1st	Period: Day: Title:Introduction and overview of course.
		Different meanings of "self." Examples of Neisser's "five kinds of self-knowledge."
		Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
	2nd	Period: Day: Title:The interpersonal self.
		Early social interactions: innate, species-specific signals, emotional rapport, communication.
		Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
	3rd	Period: Day: Title:The ecological self.
		Self-perception in relation to the physical environment. Sensory and motor experiences (including Piagetian cognitive development)
		Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
	4th	Period: Day: Title:The temporally extended self.
		Personal (autobiographical) memories, familiar routines, and future planning/anticipation.
		Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.

	5th	Period: Day: Title:The private self.				
		Knowledge that some experiences are not shared with other people. Introspection and sense of uniqueness.				
		Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.				
	6th	Period: Day: Title:The conceptual self.				
		Sense of self in society; social roles (e.g. Italian, teacher), beliefs (e.g., religion, politics), other dimensions (e.g., attractive, skilled, helper)				
		Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.				
	7th	Period: Day: Title:Development of self-recognition.				
		Human children (mirrors, photographs, video). Influences and correlates.				
		Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.				
	8th	Period: Day: Title:Mid-Term Test				
		Mid-Term Test				
		Independent Study Outside of Class : Mid-Term Test				
	9th	Period: Day: Title:The self-conscious emotions.				
		E.g., jealousy, envy, regret, embarrassment, shame, guilt, pride.				
		Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.				
	10th	Period: Day: Title:Is "self" uniquely human?				
		Do other species share human-like self-awareness?				
		Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.				
	11th	Period: Day: Title:Self-reference effects.				
		Self, memory, and in-group, out-group perceptions.				
		Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.				
	12th	Period: Day: Title:Objective self-awareness.				
		Theory and research. Discrepancies between ideal and realistic selves.				
		Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.				
13th	Period: Day: Title:When sense of self is damaged.					
	Examples from schizophrenia, disorders of body image.					
	Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.					
14th	Period: Day: Title:Self-control and lack of self-control.					
	Developmental and comparative perspectives.					
	Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.					
15th	Period: Day: Title:The aging self.					
	Does the sense of self decline as we get older?					
	Independent Study Outside of Class : Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.					
16th	Period: Day: Title:End-of-term Exam					
	End-of-Term Exam					
	Independent Study Outside of Class : End-of-Term Exam					
Textbooks	None					
Reference	The following three papers (accessible online) illustrate the range of topics to be covered: Rochat P. (2003). Five levels of self-awareness as they unfold in early life. <i>Consciousness and Cognition</i> , 12: 717-731. Lewis M. (2022). The self-conscious emotions. <i>Encycolpedia on Early Childhood Development</i> . Ogihara Y. (2019). A decline in self-esteem in adults over 50 is not found in Japan. <i>BMC Research Notes</i> , 12:274					
Grading Policy *Hover the mouse over the number of a learning goal to view the full text of it.	Evaluation Methods	Midterm exam	Final exam			
	Learning Goals1	○	○			
	Learning Goals2	○	○			
	Allocation of Marks	50%	50%			
Additional Information on Grading	Grading will be based on a mid-term test and an end-of-term test, each worth up to 50% of the final grade. Each test will consist of two sections: 25 multiple-choice questions, and 5 short-answer questions.					

Reasonable Accommodation	• If you need reasonable accommodation to participate in this class due to disability (including intractable disease and chronic condition), please contact the office for students with disabilities (e.g., Educational Affairs Section, Academic Affairs Section, Student Affairs Section) at your school/faculty or graduate school, or the Disability Advisory and Support Service Office of the Health and Counseling Center. • For more information, please visit the following website or contact the Disability Advisory and Support Service Office of the Health and Counseling Center. Website : https://acs.hacc.osaka-u.ac.jp Tel : 06-6850-6107 E-mail : campuslifekenkou-accs@office.osaka-u.ac.jp
Special Note	
Office Hours	I can be contacted at any time by email: jra6655@gmail.com

Instructor(s)

Instructor Name	Name (hiragana)	Affiliation, Title, Course	Office	Extension	E-mail
No data found					

Cautions for Students

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