

Information about IRIS and other communities

Handouts

Orientation for newly arrived International Students and Scholars

Date: 2025.10.1(Wed.)

Place: Conference room2, 2nd floor of Convention Center, Suita Campus

Information about IRI5 and other communities > 44

Presented by IRIS (Information Room for International Students)

- 1. Center for International Education and Exchange (CIEE) ↔
- 2. Emergency Card ↔
- 3. Information from CIEE
- 4. Information Room for International Students (IRIS)
- 5. IRIS Letter
- 6. School Visit Program↔
- 7. UOsaka Consultation Room Map↔
- 8. Information and Services for International Students on Campus
- 9. Health and Counseling Center
- 10. Inter-Campus Shuttle Bus Service
- 11. University CO-OP↔
- 12. Disaster Prevention / Crime Prevention
- 13. Cautions on Drinking, Drugs, Cults and Social media
- 14. Tips for renting an apartment in Japan
- 15. Useful Websites and Apps+
- Campus Members
- OUISA (Osaka University International Students Association) 4
- 18. B.S.P. (Brothers and Sisters Program)
- 19. International Student Associations at UOsaka



You can find CIEE HP from this QR or URL



https://ciee.osaka-u.ac.jp/information-for-new-international-students/

IRIS あいりす Information Room for International Students









- ●日本語・英語の雑誌、情報誌 ●掲示板(物品交換、語学交換、ヘルプ等)
- ●奨学金、就職、アルバイト、インターンシップ、留学情報など 他にもたくさん!!

いつでも来室してください!!

*SUITA IRIS 8:30-18:00, Mon. - Fri.

2rd Floor, IC Hall, Suita Campus 吹田キャンパス ICホール2階 TEL 06-6879-7076

*Toyonaka Branch (IRIS) 10:30-17:00, Mon. - Fri.

2nd Floor, Student Service & Union Bldg. Toyonaka Campus 豊中キャンパス 学生交流棟 2 階 TEL: 06-6850-5032

*Minoh Branch (IRIS) 10:30-17:00, Mon. - Fri.

5th Floor, Research and Education Hub, Minoh Campus 箕面キャンパス外国学研究講義棟5階 TEL: 072-730-5020

[IRIS Letter]

学内外の留学生関係のイベント情報やお知らせを KOAN に掲載しているとともに、在籍する全 留学生に KOAN 登録メールへも送信しています。

[School Visit Program]

地域の子ども達と交流し、出身地の紹介をしませんか?

対象: 日本在住留学生

※ 興味のある方は、こちらの QR コードから申し込んでください。

【ホストファミリープログラム (OHP)】

(ホームビジットタイプです。ホームステイではありません。)

地域の市民ボランティアと家族ぐるみで率直かつ気軽な交流活動を行いませんか? (交流の際に使う言葉・交流内容・回数・日時は留学生とホストファミリーが話し合って決めます。) 対象学生: 2024年10月10日以降に来日し、2025年10月25日(土)のホストファミリーと の出会いの会に参加できる大阪大学留学生

申込期間:9月18日(木)~10月7日(火)<u>17:00</u>**申込多数の場合抽選** ※ 興味のある方は、こちらの QR コードから申し込んでください。







IRIS E-mail ☆ iris@ciee.osaka-u.ac.jp



- Emergency Call . 110 (POLICE: ACCIDENT, CRIME)
- . 119 (FIRE DEPT. : FIRE, EMERGENCY MEDICAL SERVICES)
- Japan IR&C SUPPORT CENTER
- Language: Japanese/English/Chinese TEL (toll-free):0120-119-075(daily, 24hours)

- · Your Faculty : _
- · Faculty's Phone Number: To.
- IRIS : Ta.06-6879-7076

- MY INFORMATION 名前/NAME: _
- 住所/ADDRESS: _
- プログラム/FACULTY:_
- 大学/UNIVERSITY: 大阪大学/The University of Osaka
- 緊急連絡先/EMERGENCY CONTACT:

Bicycle Traffic Rules and Bicycle Insurance Coverage

·Ride a bicycle safely and follow the traffic rules · Bicycle insurance is required by Osaka Prefectural Ordinance











(Osaka Prefectural Government) About bicycle regulations



Major Bicycle Violations

Riding double



Ignoring traffic













Obligation to make

every effort to wear

(Cycle on the left side in Japan)

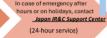


If involved in an accident · · ·

- ◆Provide aid to the injured (Call an ambulance [119])
- ◆Confirm the other party's contact information



Contact the office of educational affairs • the international student office of your faculty



Come to IRIS whenever you need help

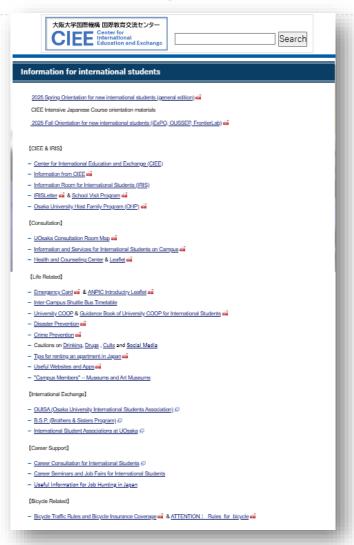
Contact the





1, Center for International Education and Exchange





https://ciee.osaka-u.ac.jp/information-for-new-international-students/

2, Emergency Card



To All International Students

The University of Osaka (UOsaka) implements the "24 hours Inbound Emergency Support System", which provides consultation and advise for accidents, health problems and other accidents might occur in your daily life while your stay in Japan as a UOsaka student.

Consultation is conducted by the telephone and E-mail. This system is offered in 3 languages (English, Chinese and Japanese), please contact to "JAPAN IR&C SUPPORT CENTER" in case when you're involved in any accidents and troubles.

♦You may use the service when:

- You are in troubles and don't know how to respond.
- You are having difficulty solving problems because of language and cultural differences
- You suddenly feel sick at night or on weekends

etc.



•JAPAN IR&C SUPPORT CENTER

Language: Japanese/English/Chinese

TEL(toll-free): 0120-119-075 (daily, 24 hours)

E-mail: CS-inb@i-rac.co.jp

※Please use E-mail service if you're not in an urgent situation.

%Please note that the telephone dialogues relating to consultation/advice will be automatically recorded for the purpose of maintaining the service quality.





3, Information from CIEE

2025Autumn Information from CIEE (Center for International Education and Exchange) CIEE HP: https://www.ciee.osaka-u.ac.ip Learning Japanese ★Intensive Japanese Language Program This program is 15-week program which aims to provide students with an intensive instruction of Japanese language. Classes begin: Oct. 6th (Mon.) Application Deadline: Sep. 16th (Tue.) ★Elective Japanese Language Course for International Students Classes begin: Oct. 6th (Mon.) CIEE Japanese Language Programs Registration period: Sep. 26th (Fri.) ~Oct. 27th (Mon.) Information **★IRIS Letter** Information and announcements of on and off campus international student-related events are posted on KOAN and also sent to the KOAN registered email of all enrolled international students **★**Orientation for International Students & Scholars (By Support Office & IRIS) Sep.24th (Wed.) [English] 13:00~reception, 13:30~start [Japanese] 14:45~reception, 15:15~start Center for Education in Liberal Arts and Sciences (CELAS) Building B 2F, Room218, Toyonaka Campus "Optional "Get to Know Each Other" session at the Toyonaka Branch (IRIS) after each prientation. Oct.1st(Wed.) [English] 13:00~reception, 13:30~start [Japanese] 14:45~reception, 15:15~start Convention Center 2nd floor, Conference room2, Suita Campus Information about registration system of Japanese courses: (for international students) included. "Optional "Get to Know Each Other" session at IRUS after each orientation. Activities in local community Convention Center 2nd floor, Conference room2, Suita Campus ★School Visit Program You can talk about your home country and have fun with local students. Target: International students who are in Japan. If you are interested, please sign up through this QR code. **★**Osaka University Host family Program (OHP) (Home visit type program. Not Homestay) Would you like to have frank and casual interactions with local civic volunteer families? (The language, content, frequency, and date of the interaction will be decided by the student and the host family.) Target: The University of Osaka international students who came to Japan after October 10th 2024 and will be able to participate in the meeting with host families on October 25th/Sat 1,2025. Application period Sep. 18th (Thu.) - Oct. 7th (Tue.) 17:00 " If there are too many applications, a drawing will be held." * If you are interested, please sign up through this QR code. Detail information: Information Room for International Students (IRIS) <TEL>06-6879-7076 <E-mail>iris@ciee.osaka-u.ac.ip

2025 年秋・大阪大学ホストファミリープログラム(OHP) (ホームビジットタイプ)

●大阪大学ホストファミリープログラムとは?

国際教育交流センター (CIEE) が本学留学生に対し、ホストファミリーブログラム (以下、「OHP」とする。) に参加する機会を提供するものです。

⑥伊は、ホームステイブログラムではありません。0冊は、学生が大阪大学在学中に、地域に住んでいる日本の家族と出会う提会を提供するものです。学生は、ホストファミリー完を訪れたり、一緒に食事をしたり、興味のある場所へ行く等の活動を一緒に行います。どこで会うか、何回会うかなどは、学生とホストファミリーの配し合いにより決められます。(全てのホストファミリーがボランティアとして参加しています。交流にかかわる費用を含め、この印アブログラムでの交流は、原則として自己責任としていただきます。) 交流期間は原則として10月から2月までの5か月間です。

- ●対象学生:2024年10月10日以降に来日し、2025年10月25日(土)のホストファミリーとの出会いの会に参加でき、今までに一度もこのプログラムに参加したことがない大阪大学留学生
- ●申込期間:9月18日(木)~10月7日(火)17:00 [申込多数の場合抽選]
- ●応募方法: OHP に興味がある学生は、こちらのフォームから申し込んでください。→



●保験加入

00P 参加者は、学生生活で起こりうる予期せぬ事故等を総合的にサポートする。「外国人留学生向け学研災付 帯学生生活総合保険(インパウンド付帯学能)」へ加入しなければなりません。保険料は、5 か月で7,500 円程 度~9,800 円程度です。詳細および中込は大阪大学インパウンド付帯学施

※ OHP について質問のある人は、iris@ciee.osaka-u. ac. jp まで連絡してください。

HOST FAMILY PROGRAM 2025 Fall (Home Visit type)

•What is the Host Family Program (OHP)?

The Center for International Education and Exchange (CIEE) offers a unique opportunity for international students to connect with local families through the Host Family Program.

Please note that OHP is NOT a home stay topgram. OHP allows you to meet a local family in neighboring area while you pursue your studies at The University of Osaka. You can arrange meetings and activities together, such as visiting their home, sharing meals, exploring local attractions, and more. The frequency and location of these interactions are entirely flexible and determined by you and your host family. Generally, any associated costs are split between you both. The program runs for five months, typically from October to February.

•Who can participate?

This program is open to international students at The University of Osaka who arrived after October 10th, 2024, have never participated before, and are available to attend the initial meeting with host families on October 25th (Sat.),2025.

Applications open: Sep. 18th (Thu.) -Oct.7th (Tue.) 17:00

[We may hold a lottery if applications exceed available placements.]

◆How to Apply: Scan the QR code provided to register. →



Insurance requirement

OHP participants are required to have university student insurance that covers daily life activities. If your The University of Osaka courses or programs don't already include this type of insurance, you'll need to enroll in the "Comprehensive insurance for Students Lives Coupled with Gakkensai." This offers comprehensive support for unexpected situations during your studies in Japan. Premiums range from approximately 7,500 yen to 9,800 yen for the five-month program. Please visit the provided link for details and enrollment information.

- ◆ Comprehensive Insurance for Students Lives Coupled with Gakkensai
- ※ If you have any questions regarding OHP, please feel free to contact us at iris@ciee.osaka-u.ac.jp.

4, Information Room for International Students

Information Room for International Students (IRIS)

- Open to international students on each campus as a space for exchange, consultation, information and guidance, and a
 place to hold events.
- The place for many international students, Japanese students, faculty and administrative staff of Osaka University, international researchers and their families, as well as host families and volunteers of local communities visit and meet through many kinds of international exchange activities.
- Facilities: wifi, computers, books, magazines, etc.
- Information: scholarship, Japanese language programs, international exchange activities, events, recycled items, study abroad, others

We have IRIS on 3 campuses

Suita IRIS

Mon.∼Fri. 8:30~18:00

Toyonaka Branch (IRIS)

Mon.~Fri. 10:30~17:00

Minoh Branch (IRIS)

Mon.~Fri. 10:30~17:00









5, IRIS Letter

IRIS Letter。 Letter But The Letter But The



Information and announcements of on and off campus international student-related events are posted on KOAN and sent to all enrolled international students to their KOAN registered email.

学内外の留学生関係のイベント情報やお知らせを KOAN に掲載しているとともに、在籍する全留学生に KOAN 登録メールへも送信しています。

あいりすレター: IRIS Letter 20XX No.1 (20XX.4)

- * 今回の IRIS レター*
- 1.20XX 年度春~夏学期 留学生対象日本語プログラム
- 2. 学内バス運行のお知らせ
- 3. 学生定期健康診断

*Contents *

- 1. Japanese Language Program for International Students, 20XX Spring~Summer
- 2. The schedule of inter-campus shuttle bus
- Student medical checkups
- ::::: 1.20XX 年度春~夏学期 留学生対象日本語プログラム 日本語を学びたい留学生のために様々なプログラムを提供しています。 大坂大学の留学生なら誰でも受講できます。投業開始:4月〇〇日(月)、手続きはすべてウェブで行います。 履修登録締め切りは4月ムム日(金)です。 詳細はこちらをご覧ください。
- ::::: 1. Japanese Language Program for International Students, 20XX Spring-Summer The University of Osaka offers a variety of courses for those who want to learn Japanese. Anyone who is an international student of The University of Osaka can take courses in the program. Registration is handled over the internet. Classes begin on April OO (Mon.). Class registration ends on April $\Delta\Delta$ (Fri.) . Click here for more information.
- ::::: 2. 学内パス運行のお知らせ 4月00日(月)から学内パスが運行しています。 詳細は<u>こちら</u>をご覧ください。
- ::::: 2. The schedule of inter-campus shuttle bus School buses are in service from April OO (Mon.). Click here for more information.

You can find various information such as disaster notice, upcoming events.



6, School Visit Program

chool Visit Program

Visit local schools, introduce your culture, and interact with local students! 地域の小・中・高等学校の児童・生徒たちと交流したり、自分の国/地域を紹介したりしませんか?

【How to Participate | 参加までの流れ】

Pre-registration 事前登録

Indicate your interest in advance via the QR code or the link below QRコードまたは リンクから 事前登録



03

Apply 応募

Apply for a program you are interested in 異味のあるプログラムに応募

Receive Information 案内メール受信

You will receive a recruitment message when opportunities open up.

募集案内が登録メールに届く

が記載されています。)

The natification email includes the program schedule, school name, grade level, content, eschange language, number of participants, and pre-meeting date with teachers. (案内メールには、実施日時、学校名、学年、 内容、交流言語、人数、先生との打ち合わせ日

Join & Participate プログラム参加

Attend a mandatory pre-meeting and then participate in the program 事前打ち合わせ(必須)に参加し、 当日のプログラムへ

【Examples of Past Activities | 過去のプログラム例】

- . Lunch time exchange, self-introduction, dance and games at a preschool
- 保育園で給食交流・自国・地域紹介・ダンスや手遊び
- · Presentation and Q&A session at a junior high school
- 中学校でプレゼンテーションと質疑応答
- · Group discussion with high school students
- 豪校でグループディスカッション
- · Calligraphy activity and country/region quiz at an elementary school
- 小学校で書道体験と自国・地域紹介クイズ
- . Providing feedback to student presentations at a high school
- 高校で生徒の発表を聞き、コメントをする

[Note 注意事項]

- · Some programs may require a bank account that allows domestic remittances.
- プログラムによっては、国内送金が可能な銀行口座が必要な場合があります。
- . Work permit for part-time job is required to participate in this program, as a gratuity will be provided.
- このプログラムに参加するためには資格外活動許可が必要です。(験金が支払われるため)





How about interacting with local students?

If you are interested in this program, register from this OR code.

"Work Permit for part time job" is required.



< ◆ 大阪大学

国際機構国際教育交流センター 哲学生交流情報室(2)

E-mail (sv@ciee.osaka-u.ac.jp)

7, UOsaka Consultation Room Map

新しく大阪大学の仲間になった学生*の皆さんへ Dear New Students', WELCOME TO The UNIVERSITY of OSAKA;

大阪大学は学生の皆さん1人1人が発実した勉学生活を送れるようサポートしています。 このパンプレットにある「飯大初の者向けQ&A」や留学生和談室マップなどにある様々なサポーターを 見非活用してください「

*このパンフレットは留学生を主な対象としていますが、販大が初めての一般学生にも参考になります。

The University of Osaka|UOsaka| supports every one of you, so that you can have a fruitful academic and compus life at UOsaka.

This pamphlet has been put together with the aim of supporting your fer at UOsaka with such information as "Q&As for newcomers to The University of Osaka" and a "Map of Advising Rooms for International Students." We sincerely hope it will be useful for you.

*Although this pamphlet has been made for the new international students in mind, it will also be useful to all new UOsaka students.

版大都心者向けQ&A

ロナ版大学に入ったばかりで、まだ どこに何があるかわからないし、 とても不安です。

I am totally new to UOsaka and feel that I know nothing. I feel lost. to Newcomers to The University or Q

a 2初めて1人で生活をはじめたの で、知り合いも友人もいません。 I have just started a new life here in Osaka by myself. I know nobody, and I have no friends here

Q3日本語に (英語にも)台信がなく、 コミュニケーションに不安があります。 I am not confident in Japanese (and English), and I feel uneasy about communication.

Q4これから大阪大学での勉強や 研究がちゃんとできるかの配です。 I am worried whether I will do well in my studies and research at UOsako. as大阪大学に来る前に想像していたこ とと今の自分の状況が違っていて、 とうしていいかわかりません。 What I had imagined before coming to UOsaka is different from my current situation. I don't know what In do.

大阪大学留学主支援フロントスタッフネットワーク作成 (2005.8更新) By Front Staff Network in Support for International Students, The University of Osaka | Support Office for International | Students and Scholars | 2F, IC Hall | | 2F, IC Hall | | 04-4879-4750 | support office Got Six and Use jo Students (RIS) | | 10-4879-7074 | | 1698 cise. assistance jo Students (RIS) | | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4880-5032 | 11 | 10-4

Consultation Services on Campus

Suëa... 5 Nayanaka... 1 Wireh... M Phone/Email Map

06-6850-8322

Health and Counseling Center

06-6879-8970 HaCC Suita Branch HaCC Toyonaka Branch Toyonaka 06-6850-6038 Health Care Division , Research and Education Hub Winch 072-730-5151 Suita 2F, Suito Annex, D3 Center 06-6850-6014 Counseling Room for aakusou@hacc. Tovonaka 3F. Student Services & Union osaka-u.ac.jp F. Research and Education Hub. (1311, 3F, Division of Nuning 06-6879-6981 1309, 3F. Division of Nursing 06-6879-6983

General Consultation HaCC Center on Compus

Advising Rooms for International Students on Compus

Center for International Education and Exchange (CIEE)

Advising Rooms for International Stude	nts on Campus		
Center for International Affairs (CIA) Achisary Division for International Students, Graduate School of Engineering	IF, International Research Complex for Biotechnology	06-6879-8972 contact_cla@frac.eng- otaka-u.ac.jp	\$2
The Office of International Exchange (OIE). Graduate School of Human Sciences	WQ45, 2F, Main Building, School of Human Sciences	06-4879-4038 ole@hus.osaka-u.ac.jp	53
International Affairs Office, Grackate School of Humanities/School of Letters (Toyonaka)	109, 1F, Wain Building (Lef. Law. Boon.)	06-6850-6409 interitlet.osoko-u.oc.jp	12
Advising Room for International Students, Graduate School of Engineering Science	A325, 3F, School of Engineering Science Building A	06-6850-6424 cris@ad.es.osoka-u.ac.jp	12
International Exchange & Student Consultation Room, School at Low, Graduote School at Low and Politics! Ondo University Low School	201, 2F, Graduate School of Law and Graduate School of Economics Building	04-4850-5181 eschange.law@office.os aka-u.ac.jp	14
International Exchange Office, Graduate School of Economics	101, 1F, Graduate School of Law and Graduate School of Economics Building	04-4850-5847 leo@econ.maka-u.mc.jp	15
Achisement Office for International Students, Graduate School of Science	D201, 2F, School of Science Building D (International Exchange Salon)	06-4850-4415 fareign@sci.osaka-u.ac.jp	14
OSPP Support Office, Graka School of International Public Policy	508,5F, CSIPP Building	06-6850-5655 sadoniliosipp.osoko- u.oc.jp	17
Aching Room, School of Pareign Studies	2F, Research and Education Hub	Consultation form available on the website.	М

Consultation Services off Campus

Nome	Phone		
Medical Information net			
Immigration Services Agency of Japan	0570-013904		
Osaka Information Service for Foreign Residents (OFIX)	06-6941-2297		
Osaka International House Foundation (Information Counter for Foreign Residents)	06-6773-6533		

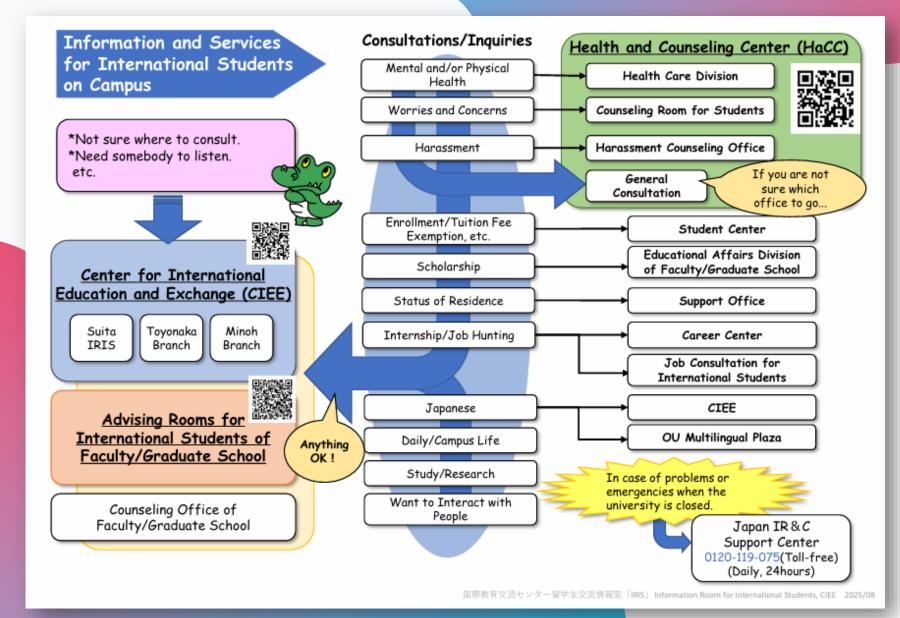
大阪大学の留学生相談室マップ Map of Advising Rooms for International Students The University of Osaka







8, Information and Services for International Students on Campus



9, Health and Counseling Center(HaCC)

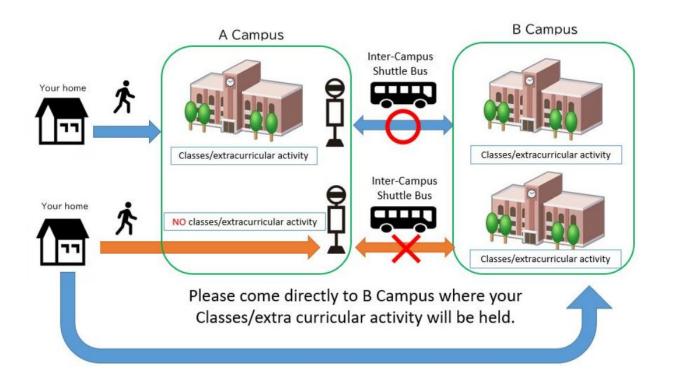


What you can do at HaCC

- Medical care service
- Harassment counseling
 Reservation is needed in some cases
 Check the weekly schedule
- Medical checkup
 Newly coming students are required.
 Make a reservation via My Handai



10, Inter-Campus Shuttle Bus Service



(April 2025~ March 2026)

	TOYONAKA → MINOH →		NOH ⇒ SU	SUITA		SUITA	→ MINOH	→ TOYONAKA	
No.	Main Library (Toyonaka)	Minoh Campus (Minoh)	Convention Center (Suita)	School of Engineering (Suita)	No.	School of Engineering (Suita)	School of Human Sciences (Suita)	Minoh Campus (Minoh)	Main Library (Toyonaka)
1	_	7:35	7:50	7:55	1	7:55	8:00	8:20	8:40
2	8:00	-	8:25	8:30	2	8:30	8:35	8:55	9:15
3	8:05	-	8:30	8:35	3	-	-	8:35	8:55
4	8:10	-	8:35	8:40	4	8:55	9:00	9:20	9:40
5	8:15	8:35	-	-	5	9:20	9:25	-	9:50
6	8:45	-	9:10	9:15	6	9:30	9:35	-	10:00
7	9:00	-	9:25	9:30	7	10:00	10:05	10:25	10:45
8	9:20	9:40	9:55	10:00	8	-	-	10:15	10:35
9	9:45	-	10:10	10:15	9	10:40	10:45	11:05	11:25
10	9:50	-	10:15	10:20	10	11:15	11:20	11:40	12:00
11	9:55	10:15	-	-	11	11:20	11:25	-	11:50
12	10:00	10:20	-	-	12	12:10	12:15	-	12:40
13	10:40	-	11:05	11:10	13	12:15	12:20	-	12:45
14	10:50	-	11:15	11:20	14	-	-	12:35	12:55
15	11:30	11:50	12:05	12:10	15	12:35	12:40	-	13:05
16	12:05	-	12:30	12:35	16	12:40	12:45	13:05	13:25
17	12:10	-	12:35	12:40	17	13:35	13:40	14:00	14:20
18	12:15	12:35	-	-	18	14:15	14:20	14:40	15:00
19	12:40	13:00	13:15	13:20	19	-	-	15:10	15:30
20	12:45	-	13:10	13:15	20	15:10	15:15	-	15:40
21	12:55	-	13:20	13:25	21	15:15	15:20	-	15:45
22	13:05	13:25	-	-	22	-	-	15:15	15:35
23	13:35	13:55	14:10	14:15	23	16:00	16:05	-	16:30
24	14:25	14:45	15:00	15:05	24	-	-	16:05	16:25
25	15:10	15:30	15:45	15:50	25	16:05	16:10	16:30	16:50
26	15:35	-	16:00	16:05	26	16:55	17:00	-	17:25
27	15:45	16:05	-	-	27	-	-	16:55	17:15
28	16:00	16:20	16:35	16:40	28	17:00	17:05	-	17:30
29	16:30	-	16:55	17:00	29	-	-	17:00	17:20
30	16:40	17:00	-	-	30	17:25	17:30	-	17:55
31	16:55	-	17:20	17:25	31	-	-	17:40	18:00
32	17:20	17:40	-	-	32	-	-	18:00	18:20
33	17:25	17:45	18:00	18:05	33	18:05	18:10	18:30	18:50
34	17:40	18:00	-	-	34	18:30	18:35	-	19:00
35	17:45	-	18:10	18:15	35	18:35	18:40	-	19:05
36	18:00	-	18:25	18:30	36	-	-	18:35	18:55
37	18:15	18:35	-	-	37	19:00	19:05	19:25	19:45
38	18:30	-	18:55	19:00	38	19:25	19:30	19:50	20:10
39	18:55	-	19:20	19:25	39	20:10	20:15	20:35	20:55
40	19:00	19:20	-	-	ı —				
41	19:25	19:45	20:00	20:05	l⊏				
42	20:10	20:30	20:45	20:50	IJ⋆	社会情勢の	変化により運行	〒日程を変更 ?	けること

★ 社会情勢の変化により運行日程を変更すること

https://www.osaka-u.ac.jp/ja/access/bus.html

11, University CO-OP

Guidance Book of



Osaka

University CO-OP

for International Students (Ver. 2025 Autumn)

Welcome!

You have to become a member of Osaka.

University CO-OP to take advantage of the great prices.

Please join the CO-OP membership!

(About Osaka University CO-OP)

The CO-OP is invested by CO-OP members, and the members can enjoy the CO-OP's privileges which include a few percent discount.

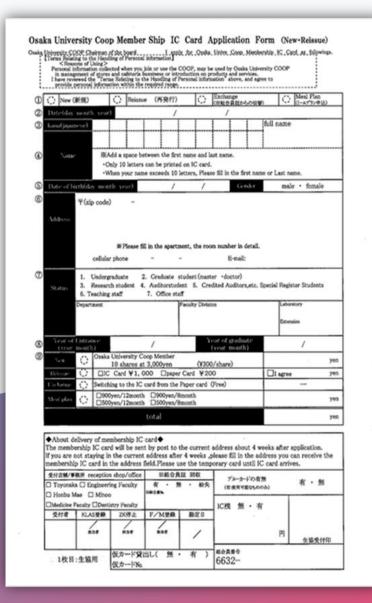
Osaka University CO-OP is a CO-OPerative association related to Osaka University. Anyone who is a part of Osaka University has a right to join the CO-OP. Visitors who belong to other universities are not eligible for the membership to join.

Please note that non-member can't enjoy the privilege.

★If you don't join CO-OP members, you will have to pay 10% extra prices on the most items.

Osaka University CO-OP

https://www.osaka-univ.coop



12, Disaster Prevention / Crime Prevention

Tips for Crime Prevention & To Avoid Special Fraud

It is recommended for you to protect yourselves with the following tips.

If you become a victim, report to the nearest police station and the office of educational affairs or the international student office of your faculty. Come to IRIS whenever you need help.

While you stay at home

- Never open the door before identifying visitors. Avoid revealing that you live alone.
- Tips When you dry your laundry, hide it from the public eyes.
- Choose simple curtains for your safety.



When you go out/While you go out

- If you have a handbag or purse, hold them with a hand opposite to the street.
- · Avoid dark and lonely roads at night.
- Using headphone and smartphone while walking are dangerous.
- → Holding "crime prevention buzzer" to protect yourselves. You can purchase it at 100-yen shop.



When you come home

Make sure of being no one around

you before opening the door.

inside the home immediately and

· After unlocking the door, get

make sure to lock the door!

When you ride a bicycle

- Park your bicycle, motorcycle and car at parking area, and remember to lock them.
- Bicycle theft prevention registration is required by law.
 Cover your belongings in a bicycle basket for your safety.



Examples of Fraudulent Schemes

Scammers may impersonate police officers, city officials, immigration officers or other figures of authority, contacting individuals by phone or even visiting their homes.

They may attempt to create a sense of urgency and fear by showing fake police identification or arrest warrants. Under the pretext of investigating your account or preventing money laundering, they may ask you to hand over your cash card and bank book, or instruct you to transfer funds to a specific account via ATM or online banking.

To avoid Special Fraud

- If you encounter a situation that seems suspicious or makes you uncomfortable, please hang up the phone immediately, do not allow anyone into your home, and contact your family, the university, or the police.
- Please remember that legitimate police officers and city officials will never ask for your cash card, bank book, or PIN, nor will they demand money transfers.
- We encourage you to be mindful of your online presence and avoid sharing <u>personal information</u>* on SNS.
 Do not give the third-party your personal and shared information among your various groups such as names, phone numbers and e-mail addresses without consent.
- •It's also helpful to discuss these safety tips with your family and stay informed about fraud prevention

Tips for Disaster Prevention

Nowadays earthquakes, heavy rains and typhoons occur anywhere in Japan. It is recommended for you to protect yourselves with the following tips.

When an earthquake occurs

When you receive an emergency alert message

Protect yourself

- · [Indoors] Get under a table or desk.
- · [Outdoors] Keep away from block walls, signboards, glass windows.

When the ground stops shaking

- Make sure that the fire is out, and cut off the electricity by switching off the circuit breaker.
- . If a fire starts, put it out quickly and calmly.
- Open doors and windows to secure an exit.



When you evacuate • go to an emergency shelter

- Bring an emergency kit*. Cover your head with a bag or cushion. Wear socks and shoes.
- · Evacuate on foot. (Do not use a car). Walk away from block walls, signboards, glass windows.
- Get accurate information from television, radio, internet and local authorities, etc.

NHK Earthquake Information

* What items in an emergency kit?

Water, food, medicine (its prescription), portable radio, flashlight, battery, lighter, gloves, can opener, towel, raincoat, underwear, socks, valuables, passport, residence card, individual number card (my number card), and copy of health insurance card and contact information, etc.

Prepare for disasters

- Set to receive emergency alert messages.
- Familiarize yourself with the free emergency message recording service.
- > Secure the furniture in place and keep them from falling or moving with an earthquake.
- Confirm the location for the emergency shelter.
- Prepare for an emergency kit.
- Store contact information of your family, friends and local embassy in your mobile phone, and also make a memo with these contacts.
- > Check the Hazard map on Osaka Disaster Prevention Net.

10 Mi

Before a heavy rain/a typhoon occurs...

- · Get accurate weather information from television, radio and the internet. Japan Meteorological Agency HP
- Check outside around your house and put everything which can be blown off by wind inside a house.
- · Do not go outside · Prepare for an emergency kit.

Bicycle Traffic Rules and Bicycle Insurance Coverage

• Ride a bicycle safely and follow the traffic rules
• Bicycle insurance is required by Osaka Prefectural Ordinance



(Osaka Prefectural Police) About the Bicycle Traffic Safety Rulebook



(Osaka University) Observance of Bicycle Traffic Rules on and off campus



(Osaka Prefectural Government) About bicycle regulations



(Osaka Prefectural Government) Bicycle insurance participation promotion leaflet

Major Bicycle Violations



Ignoring traffic signals

signals phone while driving



Using a mobile

Cyclin fa:

Cycling on the wrong side of

Riding double

on a bicycle

Drunk cycli



Obligation to make every effort to wear a helmet



(Cycle on the left side in Japan)

If involved in an accident · · ·

- ◆Provide aid to the injured (Call an ambulance 【119】)
- Confirm the other party's contact information



Contact the police [110]

Contact the office of educational affairs • the international student office of your faculty In case of emergency after hours or on holidays, contact Japan IRAC Support Center (24-hour service)

Come to IRIS whenever you need help





13, Cautions on Drinking, Drugs, Cults, and Social media

Drinking





Be careful not to give in to cult solicitation



Drugs



Social Media Guidelines



Social Media Guidelines

- Posting someone's images from the internet on social media without their permission
 Posting sale information of a store at which you work part-time on social media prior to the store's a
- . Publishing cruel statements that target a specific person on a social networking site and bullying the person by their peers . Not removing information about a drinking party, which was cancelled due to the COVID-19 pandemic, from social media



14, Tips for renting apartment in Japan

Tips for living in a rental apartment in Japan

House rules / points for daily attention

- Read over your lease contract, the resident manual and follow the instruction.
- •You are not permmited to live with someone who isn't on the lease.
- ·Be careful not to be noisy late at night.
- •Follow the rules for taking out the garbage.

(The way for putting out the garbage differs depending on the neighborhood in which you live, so ask the landlard (the management campany) or the municipal office about the rules for taking out the garbage.]

 Please contact the landlord (the management company) and the department office immediately when you have any troubles in your apartment.

When you leave your apartment for a long time



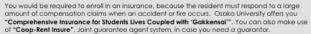
- Be sure to pay your rent in advance when you leave your apartment for a long time, such
 as an extended leave or travel for temporary visit.
 - You should also inform the landlord (the management company) and the department office that you will be away for a long time.

When you move out

- You should notify the landlord (the management company) that you wish to move out at least one month in advance.
- Please do not leave any of your possessions or garbage behind and ensure that it is clean.
- •You should check in advance how to dispose home appliances and bulky garbage.

You should check with your landlord (management company) to see how much restoration (returning the apartment to its original condition) is required. If there are things left in the apartment or the apartment is damaged, you may have to pay. Thus, it is important to keep the apartment in good condition and clean it properly at the end.

©Comprehensive Insurance for Students Lives Coupled with "Gakkensai" ©



For more details, please visit the following websites:

Rules for rental apartments in Japan

<Support Office for Inf'l Students and Scholars, Osaka Univ.> https://www.osaka-u.ac.jp/en/international/inbound/support/support-office/files/2606Rules-for-rental-agartments-in-lagan.odf/



Move-in <Support Office for Int'l Students and Scholars, Osaka Univ.> https://www.osakau.ac.ip/en/international/inbound/support/support-office/accomodations/appe

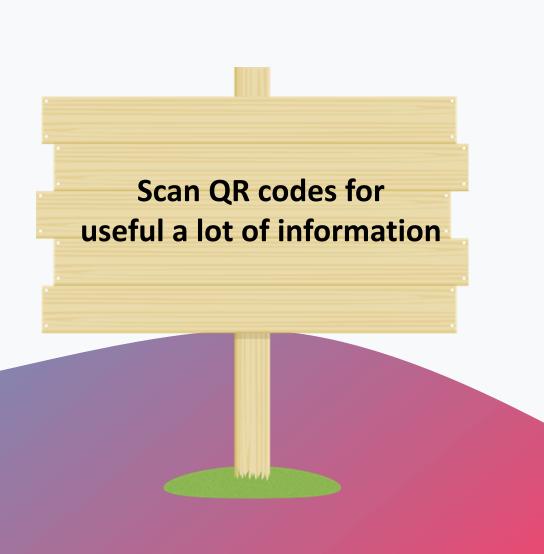


国際教育交流センター哲学生交流情報室「IRIS」[IRIS] Information Room for International Students, CIEE



15, Useful Websites and Apps





16, Campus Members



Campus Members - Museums and Art Museums 大阪大学では、学生や教職員に文化や芸術、科学や歴 史に広く自由に接する機会を提供するために、美術館 や博物館等に無料で入場できるキャンパスメンバーズ に加入しています。

学生証・教職員証を提示することで以下の施設で 特典を受けることができますので、学生のみなさんは この制度を大いに活用してください。(※年度により利 用施設が変更となる場合があります。)

Osaka University is a member of the Campus Members Program in which several museums offer a number of benefits such as free admission. This is to provide opportunities for students, faculty and staff to experience and be exposed to culture, art, science and history. Under this program, by presenting your student, faculty or staff ID card at the reception counter, you may receive benefits offered by the museums listed on this page. Why not take advantage and enjoy a day at a museum? (Please note that available facilities offering benefits are subject to change.)

常設展の無料観覧団は割引観覧(100円引き)のみ Free admission to permanent exhibitions

特別展・共催展の割引観覧 Discounts on special and joint exhibition





国立国際美術館 The National Museum of Art,





京都国立近代美術館 Modern Art, Kyoto



Osaka City Museum of

大阪市立自然史博物館

Osaka Museum of Natural History



The Museum of Oriental Ceramics, Osaka











大阪市立科学館※ Osaka Castle Museum Osaka Science Museum ④は2024年春頃、⑪は2024年夏リニューアルオープン予定



Osaka Museum of History

大阪歴史博物館

Kyoto National Museum



大阪くらしの今昔館 The Osaka Museum of Housing and Living



その他 Others

Let's go to the museums! Free of charge or discounted rate by showing your student ID





17, OUISA (Osaka University International Students Association)



exchange and encourage friendship between Osaka University international students. We aim to create a welcoming environment for newcomers, and to offer various events to discover different cultures together.

JOIN US IF YOU WANT TO BE ACTIVE IN YOUR **CAMPUS LIFE AND TO MAKE NEW FRIENDS!**



OUISA organizes some interesting events for **International Students!** Check OUISA's official SNS.







18, B.S.P.

(Brothers and Sisters Program)



(What is B.S.P.7)

Brothers and Sisters Program is an organization that encourages cultural exchange among the University of Osaka in partnership with the Center for International Education and Exchange (CIEE). No matter the nationality, we help each other, study together, and laugh together, like brothers and

(Activities)

Japanese Cafe, English Cafe, Welcome Parties, and other activities (Fee)

Free (some events might require an entry fee)

(Main Location)

- Suita Campus IC Hall, 2nd FI,IRIS open8:30-18:00(weekdays)
 - Toyonaka Campus Student Service & Union 2nd Fl. CIEE Toyonaka Branch(IRIS) open10:30-17:00(weekdays)
- Minoh Campus Research and Education Hub, 5th Fl. CIEE Minoh Branch(IRIS) open10:30-17:00(weekdays)



Great time interacting with people from different countries and regions!!











B. S. P. 吹田

B. S. P. 豊中



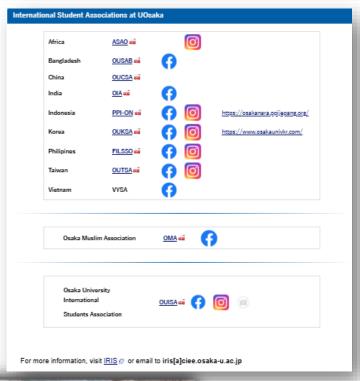


19, International Students Associations at UOsaka













大阪大學台灣留學生會是阪大台灣人的互助社團,舉凡聚餐、出遊或 是生活疑難,都能在台灣學生會內揪團、詢問。歡迎所有在阪大學 習、工作的台灣人加入!





