

Welcome to Osaka University

A Guide for Short-term Exchange Students (Spring 2025)



Xin Yao

Center for International Education and Exchange (CIEE)

Osaka University



Welcome to Osaka University

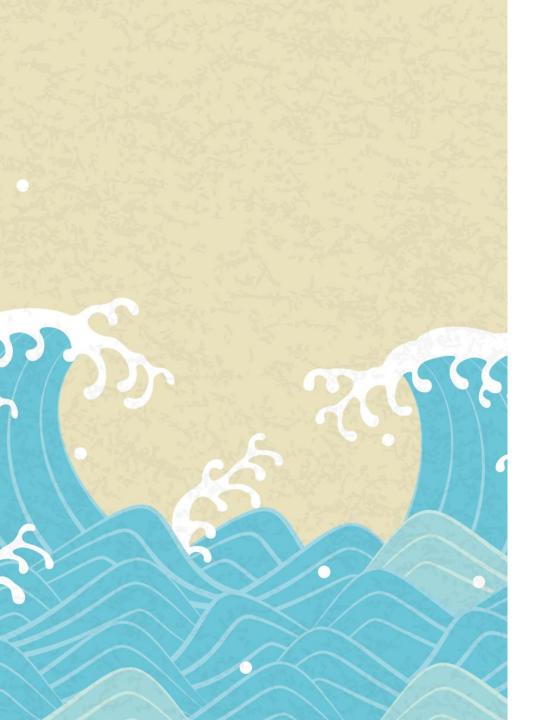
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1 Information from CIEE & IRIS

All information available at:



https://ciee.osaka-u.ac.jp/informationfor-new-international-students/

CIEE (Center for International Education and Exchange)



- Provide Japanese courses
- Provide international exchange programs & subjects
- Provide support for international students
- Organize various activities for international students

IRIS (Information Room for International Students)

- Lounge (tea & coffee)
- Study area
- Computers & internet
- Notice boards (scholarships, part-time jobs, etc.)
- Intercultural events (Japanese café, etc.)
- Advice on daily life



See here for more info

IRIS on each campus



Suita Campus 2F IC Hall 8:30 - 18:00 on weekdays



Toyonaka Campus

2F Student Service & Union

10:30 - 17:00 on weekdays



Minoh Campus

5F

10:30 - 17:00 on weekdays

IRIS Letter

- Events, activities, etc.
- Programs
- Other important notification

you are automatically subscribed

IRIS Letter あいりす通信



Information and announcements of on and off campus international student-related events are posted on KOAN and sent to all enrolled international students to their KOAN registered email

学内外の留学生関係のイベント情報やお知らせを KOAN に掲載しているとともに、在籍する全留学生に KOAN 登録メールへも送信しています。

あいりすレター: IRIS Letter 20XX No.1 (20XX.4)

- * 今回の IRIS レター*
- 1. 20XX 年度春~夏学期 留学生対象日本語プログラム
- 2. 学内パス運行のお知らせ
- 3. 学生定期健康診断

Sample

- *Contents of this IRIS-letter*
- 1. Japanese Language Program for International Students, 20XX Spring~Summer
- 2. The schedule of inter-campus shuttle bus
- Student medical checkups
- ::::: 1.20XX 年度春-夏学期 留学生対象日本語プログラム 日本語を学びたい留学生のために様々なプログラムを提供しています。 大阪大学の留学生なら誰でも受講できます。授業開始: 4月 OO 日(月)、手続きはすべてウェブで行います。 履修登録締め切りは4月△△日(金)です。 詳細はこちらをご覧ください。
- ::::: 1 . Japanese Language Program for International Students, 20XX Spring~Summer Osaka University offers a variety of courses for those who want to learn Japanese. Anyone who is an international student of Osaka University can take courses in the program. Registration is handled over the internet. Classes begin on April OO (Mon.). Class registration ends on April $\Delta\Delta$ (Fri.) . Click here for more information.
- ::::: 2. 学内バス運行のお知らせ 4月00日(月)から学内バスが運行しています。 詳細は<u>こちら</u>をご覧ください。
- ::::: 2. The schedule of inter-campus shuttle bus School buses are in service from April OO (Mon.). Click here for more information.

IRIS School Visit Program

- Opportunity to visit local schools
- Introduce your culture & interact with local students
- Permit for part time job required



The IRIS School Visit Program 2025



How about talking about your home country /region and interacting with local school children/ students?

If you are interested, please register using the QR code on the right or the link below.

https://forms.office.com/r/z2ge2WKP9w

You will receive an email with a detailed program like the one below.

- * Work permit for part-time jobs (Permission to engage in activity other than that permitted under the status of residence previously granted) is required to participate in this program
- * Some programs may require a bank account that allows domestic remittances.

地域の小・中・高等学校の児童・生徒たちと交流したり、自分の国/地域を紹介したりしませんか 興味のある人は右の QR コードか下のリンクから登録してください。



https://forms.office.com/r/z2ge2WKP9

以下のような詳しいプログラムのメールが届きます。

- *このプログラムに参加するためには資格外活動許可が必要です。
- *プログラムによっては、国内送金が可能な銀行口座が必要な場合があります。

IRIS スクールビジットプログラムに登録しているみなさんへ(20XX/OO/OO)

To: International Students who have registered at the IRIS School Visit Program.

このメールは IRIS スクールビジットプログラムに登録しているみなさんに送っています。 参加希望者は、Forms から申し込んでください。

【注意】

- *授業がある人は参加できません。
- *申込者が多い場合は参加できないことがあります。

We are sending this e-mail to those of you who have registered at the IRIS School Visit Program Please complete the application by filling in the required information on the forms to join the program.

- * You can't skip your classes due to this program.
- *Sometimes you can't join in case there are a lot of applicants.

日時: 〇月〇日(+) 14:00 - 16:00

学校名: ABC 高等学校

学年: 高校 1~2年生(15-17歳)30人

内容: 自国紹介、文化交流

学校の先生との事前打ち合わせ:△月△日(月)16:30~

【締切】△月○日(火) 正午

Date & Time: O/O(Sat.) 14:00-16:00

Name of the school: ABC senior high school

Grade: from 10th grader to 11th grader (15 to 17 years old), 30 students

Contents: introducing your country, cultural exchange

Volunteers to be invited: 15 international students

Advanced meeting with schoolteachers: Δ/Δ (Mon.) 16:30-

[Deadline] Δ/O (Tue.) Noon

Inquiries can be sent to the following email address

質問はこちらのEメールアドレスまで

IRIS School Visit Program [sv@ciee.osaka-u.ac.jp]

詳しくはこちら (日本語) https://ciee.osaka-u.ac.jp/international_exchange/school_visit_program/# (English) https://ciee.osaka-u.ac.jp/en/international_exchange/school_visit_program.

Osaka University Host Family Program (OHP)

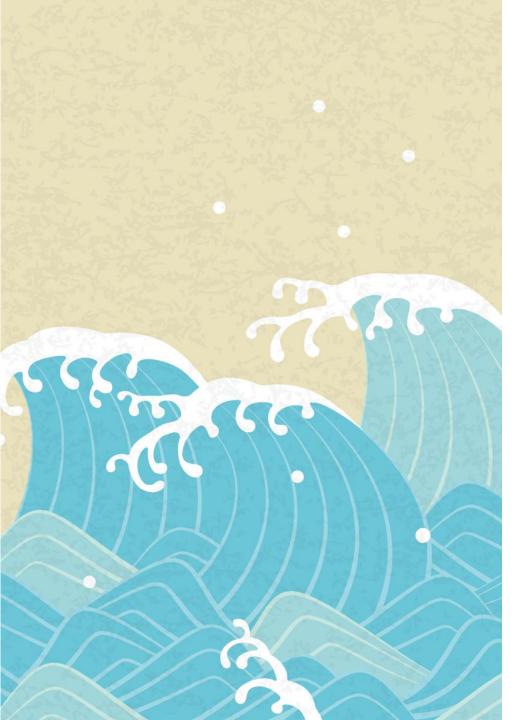


See here for more info

- Opportunity to meet a local family
- NOT a home stay program (home-visit type)
- Application period: March 19
 – April 14 2025







2 Essential tips for thriving on and off Campus

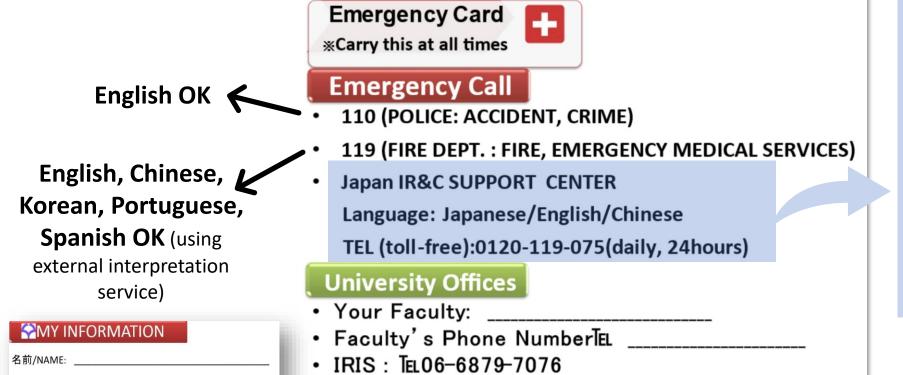
In case of emergency

住所/ADDRESS:

プログラム/PROGRAM:

緊急連絡先/EMERGENCY CONTACT:

大学/UNIVERSITY: 大阪大学/Osaka University



In the event of any trouble, particularly if you are not fluent in Japanese or unfamiliar with the proper protocol, **CALL THIS NUMBER!** Available 24/7.

Counseling rooms

There are counseling rooms to assist international students with their campus life and overall well-being.



See here for more info



Download the OU counselling service pamphlet

Health & Counseling Center (HaCC)

- Available on each campus
- Free for students, researchers, staff
- Appointment-based consultation
- Medical check-up mandatory for all newcomers



See their <u>HP</u> for:

- Locations
- Opening hours
- Medical check-up schedule, etc.

Harassment Counseling Office

- Harassment counseling office available on each campus
- Academic, sexual, workplace harassment, etc.
- English counseling available
- Appointment required



See <u>here</u> for:

- Locations
- Opening hours
- Counselor list, etc.

University Cooperative (CO-OP)

- If you become a member, you'll get discount at university CO-OP stores & cafeterias (books, stationary, meals, etc.)
- 3,000-yen (will be reimbursed upon leaving OU) to become a member



See how to become a member

Crime & disaster prevention

- What to do in the event of a natural disaster?
- How to prepare for natural disasters/ prevent crimes in daily life?
- And more...



See here for more info

Attention: Avoid drinking problems, drugs, antisocial cults, SNS troubles

- Do not engage in illegal substance abuse
- Stay away from antisocial cults, who may attempt to recruit you under the guise of university clubs
- Use SNS with caution



See <u>here</u> for more info on how to prevent troubles

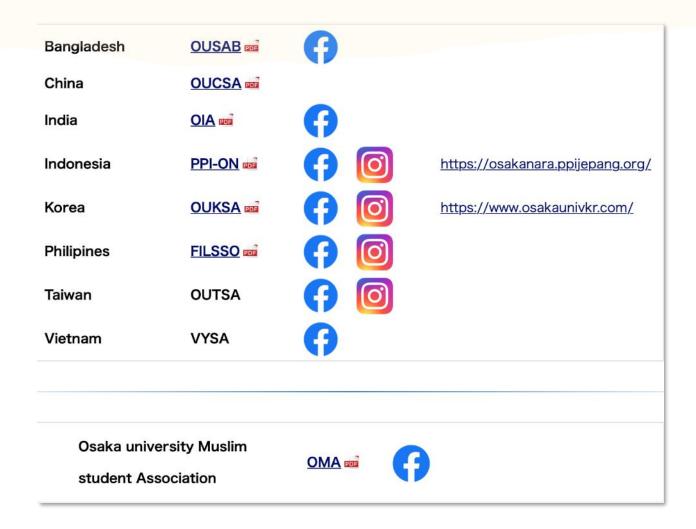
Attention: Bicycle accident prevention

- Bicycle insurance required
- Pay attention to rules & laws in Japan: Keep left, ride in the direction of traffic, no using of electronics/ umbrella etc. while riding, no drunk cycling, no cycling side by side, no riding double, turn on your lights at night
- Wear a helmet



See here for more info

International student associations





See <u>here</u> or ask IRIS staff for more info

"Campus Members"

- Osaka University is a member of "Campus Members"
- Special discounts at museums, etc. are available
- Present your student ID to avail of these benefits



See <u>here</u> for more info



