

Course Schedule Information

Course Code / 時間割コード	881167
Semester / 開講区分(開講学期)	Spring and Summer Term
Day and Period / 曜日・時間	Mon4
Course Name (Japanese) / 開講科目名	生涯を通じた自己形成
Course Name / 開講科目名(英)	Self-formation throughout life
Capacity / 定員	0
Room / 教室	人/本館 1 2 講義室
Course Numbering Code / ナンパリング	88INES9U100
Required/Optional / 必修・選択	履修対象：特別聴講学生 James Anderson 非常勤講師担当科目 人科G30_Z26028
Type of Class / 授業形態	Lecture Subject
Credits / 単位数	2.0
Student Year / 年次	1
Instructor / 担当教員	James Anderson
Course of Media Class / メディア授業科目	Not Applicable

Detailed Syllabus Information

Course Subtitle / 授業サブタイトル	Self-formation throughout life	
Language of the Course / 開講言語	English	
Learning Methods / 学習方法	Listening and watching face-to-face/online class: Listening and watching a lecture, video, or demonstration, face-to-face or via online (e.g., attending a face-to-face lecture, watching an on-demand video) Reading: Reading books and academic papers (e.g., summarizing an academic paper, reading information on a website)	
Course Objectives / 授業の目的と概要	Understanding the biological and environmental (including social) influences on the development of our sense of self, from birth to old age. Acquiring knowledge of key philosophical and methodological approaches in the study of selfhood, with consideration of relevance in social contexts.	
Learning Goals / 学習目標	1	Understanding about how psychologists (and researchers in related disciplines) approach issues pertaining to our sense of "Self" (e.g., self-awareness, self-consciousness, self-recognition, self-esteem, self-control)
	2	Through reading and learning about developmental, comparative, experimental and socially oriented research on the self (including cases of diminished sense of self), students will analyze a range of topics, considering both complementary and conflicting evidence.
Requirements, Prerequisites / 履修条件・受講条件	None	
Attendance and Student Conduct Policy / 出欠席及び受講に関するルール	Students are expected to attend all classes and read the supporting materials that will be provided.	
Class Plan / 授業計画	1st	Title:Introduction and overview
		Some different meanings of "Self." Examples of Neisser's "Five kinds of self-knowledge."
		Instructor:
		Independent Study Outside of Class:Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
	2nd	Title:The interpersonal self
		Early social interactions: innate, species-specific signals, emotional rapport, communication and learning.
		Instructor:
		Independent Study Outside of Class:Students are expected to read articles uploaded by the

		instructor, and to supplement these with other relevant sources that they may find.
3rd	Title:	The ecological self
		Self-perception in relation to the physical environment. Sensory and motor experiences (including Piagetian cognitive development).
	Instructor:	
	Independent Study Outside of Class:	Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
4th	Title:	The temporally extended self
		Personal ("autobiographical") memories, familiar routines, anticipation and planning
	Instructor:	
	Independent Study Outside of Class:	Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
5th	Title:	The private self
		Understanding that experiences are not entirely shared with others. Introspection, and sense of uniqueness.
	Instructor:	
	Independent Study Outside of Class:	Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
6th	Title:	The conceptual self
		Self in society; social roles (e.g., nationality, job), beliefs (e.g., religion, politics), other dimensions (e.g., attractive, skilled, helper)
	Instructor:	
	Independent Study Outside of Class:	Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
7th	Title:	Developmental psychology of self-recognition
		How human children learn to recognize what they look like. Influences and correlates.
	Instructor:	
	Independent Study Outside of Class:	Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
8th	Title:	Mid-term test
		Mid-term test
	Instructor:	
	Independent Study Outside of Class:	Mid-term test
9th	Title:	Is the sense of "self" unique to humans?
		Do other species share humanlike self-awareness? How can we know?
	Instructor:	
	Independent Study Outside of Class:	Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
10th	Title:	The self-conscious (or "secondary") emotions
		For example, embarrassment, shame, pride, jealousy, envy, regret.
	Instructor:	
	Independent Study Outside of Class:	Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
11th	Title:	Self-reference effects
		Prioritization of self-related objects and event. In-groups and out-groups.
	Instructor:	
	Independent Study Outside of Class:	Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
12th	Title:	Objective self-awareness
		Theory and research on discrepancies between real and ideal self in various contexts.
	Instructor:	
	Independent Study Outside of Class:	Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.
13th	Title:	Regret

		What causes regret, and how do people deal with regrets?				
		Instructor:				
		Independent Study Outside of Class:Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.				
	14th	Title:Damaged selves				
		Examples from schizophrenia and body image disorders.				
		Instructor:				
		Independent Study Outside of Class:Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.				
	15th	Title:The self and aging				
		What happens to our sense of self as we get older?				
		Instructor:				
		Independent Study Outside of Class:Students are expected to read articles uploaded by the instructor, and to supplement these with other relevant sources that they may find.				
	16th	Title:End-of-term exam				
		End-of-term exam.				
		Instructor:				
		Independent Study Outside of Class:End-of-term exam				
Textbooks / 教科書・指定教材	No specific textbook is used.					
Reference / 参考図書・参考教材	<p>The following three papers (accessible online) illustrate the range of topics to be covered:</p> <p>Rochat P. (2003). Five levels of self-awareness as they unfold in early life. <i>Consciousness and Cognition</i>, 12: 717-731.</p> <p>Lewis M. (2022). The self-conscious emotions. <i>Encyclopedia on Early Childhood Development</i>.</p> <p>Ogihara Y. (2019). A decline in self-esteem in adults over 50 is not found in Japan. <i>BMC Research Notes</i>, 12:274</p>					
Grading Policy / 成績評価	Evaluation Methods / 評価方法	Midterm exam	Final exam			
	Learning Goals1	○	○			
	Learning Goals2	○	○			
	Allocation of Marks / 評価割合	50%	50%			
Additional Information on Grading / 成績評価に関する補足情報	Grading will be based on a mid-term test and an end-of-term test worth up to 50% of the final grade. Each test will consist of two sections: 25 multiple-choice questions, and 5 short-answer questions.					
Reasonable Accommodation / 合理的配慮	<ul style="list-style-type: none"> • If you need reasonable accommodation to participate in this class due to disability (including intractable disease and chronic condition), please contact the office for students with disabilities (e.g., Educational Affairs Section, Academic Affairs Section, Student Affairs Section) at your school/faculty or graduate school, or the Disability Advisory and Support Service Office of the Health and Counseling Center. • For more information, please visit the following website or contact the Disability Advisory and Support Service Office of the Health and Counseling Center. Website : https://acs.hacc.osaka-u.ac.jp Tel : 06-6850-6107 E-mail : campuslifekenkou-ac@office.osaka-u.ac.jp 					
Special Note / 特記事項						
Office Hours / オフィスアワー	I can be contacted at any time on email: jra6655@gmail.com					
Course Conducted by Instructors with Practical Experience / 実務経験のある教員による授業科目						