

Welcome to Osaka University

A Guide for Short-term Exchange Students (Academic Year 2024)

Xin Yao

Center for International Education and Exchange (CIEE)

Osaka University



大阪大学
OSAKA UNIVERSITY



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Information from CIEE & IRIS

All information available at:



<https://ciee.osaka-u.ac.jp/information-for-new-international-students/>

CIEE (Center for International Education and Exchange)



CIEE HP

- Provide Japanese courses
- Provide international exchange programs & subjects
- Provide support for international students
- Organize various activities for international students

IRIS (Information Room for International Students)

- Lounge (tea & coffee)
- Study area
- Computers & internet
- Notice boards (scholarships, part-time jobs, etc.)
- Intercultural events (Japanese café, etc.)
- Advice on daily life



See [here](#) for more info

IRIS on each campus



Suita Campus

2F IC Hall

8:30 - 18:00 on weekdays



Toyonaka Campus

2F Student Service & Union

10:30 - 17:00 on weekdays



Minoh Campus

5F

10:30 - 17:00 on weekdays

IRIS Letter

- Events, activities, etc.
- Programs
- Other important notification

you are automatically subscribed

IRIS Letter あいりす通信



Information and announcements of on and off campus international student-related events are posted on KOAN and sent to all enrolled international students to their KOAN registered email.

学内外の留学生関係のイベント情報やお知らせを KOAN に掲載しているとともに、在籍する全留学生に KOAN 登録メールへも送信しています。

あいりすレター：IRIS Letter 20XX No.1 (20XX.4)

* 今回の IRIS レター *

1. 20XX 年度春~夏学期 留学生対象日本語プログラム
2. 学内バス運行のお知らせ
3. 学生定期健康診断

* Contents of this IRIS-letter *

1. Japanese Language Program for International Students, 20XX Spring~Summer
2. The schedule of inter-campus shuttle bus
3. Student medical checkups

::::: 1. 20XX 年度春~夏学期 留学生対象日本語プログラム

日本語を学びたい留学生のために様々なプログラムを提供しています。
大阪大学の留学生なら誰でも受講できます。授業開始：4月 00 日(月)、手続きはすべてウェブで行います。
履修登録締め切りは 4 月△△日(金)です。
詳細はこちらをご覧ください。

::::: 1. Japanese Language Program for International Students, 20XX Spring~Summer
Osaka University offers a variety of courses for those who want to learn Japanese.
Anyone who is an international student of Osaka University can take courses in the program.
Registration is handled over the internet. Classes begin on April 00 (Mon.).
Class registration ends on April △△(Fri.).
Click [here](#) for more information.

::::: 2. 学内バス運行のお知らせ

4 月 00 日(月)から学内バスが運行しています。
詳細はこちらをご覧ください。

::::: 2. The schedule of inter-campus shuttle bus
School buses are in service from April 00 (Mon.).
Click [here](#) for more information.

Sample
20XX No.1

IRIS School Visit Program

- Opportunity to visit local schools
- Introduce your culture & interact with local students
- Permit for part time job required



Sign up [here](#)

The IRIS School Visit Program



IRIS 学校交流プログラム

How about talking about your home country /region and interacting with local school children/ students?
Please visit the website below and fill in the form for registration.

<https://forms.office.com/r/2ngmwyUIMB>

* Work permit for part-time jobs (Permission to engage in activity other than that permitted under the status of residence previously granted) is required in order to participate in this program.

* Some programs may require a bank account that allows domestic remittances.

地域の小・中・高等学校の児童・生徒たちと交流したり、自分の国/地域を紹介したりしませんか?
興味のある人は下のフォームから登録してください。

<https://forms.office.com/r/2ngmwyUIMB>

以下のような詳しいプログラムのメールが届きます。

* このプログラムに参加するためには資格外活動許可が必要です。

* プログラムによっては、国内送金が可能な銀行口座が必要な場合があります。



IRIS スクールビジットプログラムに登録しているみなさんへ (20XX/00/00)

To: International Students who have registered at the IRIS School Visit Program.

このメールは IRIS スクールビジットプログラムに登録しているみなさんに送っています。
参加希望者は、Forms から申し込んでください。

【注意】

* 授業がある人は参加できません。

* 申込者が多い場合は参加できないことがあります。

We are sending this e-mail to those of you who have registered at the IRIS School Visit Program.

Please complete the application by filling in the required information on the forms to join the program.

【NOTE】

* You can't skip your classes due to this program.

* Sometimes you can't join in case there are a lot of applicants.

日時：〇月〇日(土) 14:00 - 16:00

学校名：ABC 高等学校

学年：高校1～2年生(15-17歳) 30人

内容：自国紹介、文化交流

交流言語：英語

募集人数：15名

学校の先生との事前打ち合わせ：△月△日(月) 16:30～

【締切】△月〇日(火) 正午

Date & Time: O/O(Sat.) 14:00-16:00

Name of the school: ABC senior high school

Grade: from 10th grader to 11th grader (15 to 17 years old), 30 students

Contents: introducing your country, cultural exchange

Language: English

Volunteers to be invited: 15 international students

Advanced meeting with schoolteachers: △/△ (Mon.) 16:30-

【Deadline】△/〇 (Tue.) Noon

Inquiries can be sent to the following email address.

質問はこちらのEメールアドレスまで

IRIS School Visit Program [sv@ciee.osaka-u.ac.jp]

詳しくはこちら (日本語) https://ciee.osaka-u.ac.jp/international_exchange/school_visit_program/#
(English) https://ciee.osaka-u.ac.jp/en/international_exchange/school_visit_program/

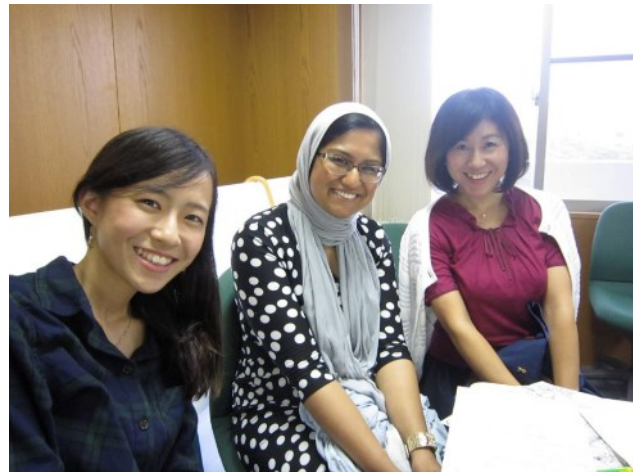
Sample
291616

Osaka University Host Family Program (OHP)



Sign up [here](#)

- Opportunity to meet a local family
- **NOT** a home stay program (home-visit type)
- Application period: March 20 – April 10 2024






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Essential tips for thriving on and off Campus

In case of emergency

Emergency Card 
※Carry this at all times

English OK ←

Emergency Call

- 110 (POLICE: ACCIDENT, CRIME)
- 119 (FIRE DEPT. : FIRE, EMERGENCY MEDICAL SERVICES)
- Japan IR&C SUPPORT CENTER
Language: Japanese/English/Chinese
TEL (toll-free):0120-119-075(daily, 24hours)

English, Chinese,
Korean, Portuguese,
Spanish OK (using
external interpretation
service) ←

In the event of any trouble, particularly if you are not fluent in Japanese or unfamiliar with the proper protocol, **CALL THIS NUMBER!** Available 24/7.

MY INFORMATION

名前/NAME: _____

住所/ADDRESS: _____

プログラム/PROGRAM: _____

大学/UNIVERSITY: 大阪大学/Osaka University

緊急連絡先/EMERGENCY CONTACT: _____

University Offices

- Your Faculty: _____
- Faculty's Phone NumberTEL _____
- IRIS : TEL06-6879-7076

Counseling rooms

There are counseling rooms to assist international students with their campus life and overall well-being.



See [here](#) for more info

Download the OU counselling service [pamphlet](#)

新しく大阪大学の仲間になった学生*の皆さんへ
Dear New Students*, WELCOME TO OSAKA UNIVERSITY!

大阪大学は学生の皆さん1人1人が充実した勉学生生活を送れるようサポートしています。このパンフレットにある「阪大初心者向け Q&A」や留学生相談室マップなどにある様々なサポーターを是非活用してください！

*このパンフレットは留学生を主な対象としていますが、阪大が初めての一般学生にも参考となります。

Osaka University supports every one of you, so that you can have a fruitful academic and campus life at Osaka University.

This pamphlet has been put together with the aim of supporting your life at Osaka University with such information as "Q&As for newcomers to Osaka University" and a "Map of Advising Rooms for International Students." We sincerely hope it will be useful for you.

*Although this pamphlet has been made with the new international students in mind, it will also be useful to all new students to Osaka University.

阪大初心者向けQ&A

Q1 大阪大学に入ったばかりで、まだどこに何があるかわからないし、とても不安です。
I am totally new to Osaka University and feel that I know nothing.

"Q&As for Newcomers to Osaka University"

Q2 初めて1人で生活をはじめたので、知り合いも友人もいません。
I have just started a new life here at Osaka by myself. I know no one. I have no friends here.

Q3 日本語に（英語にも）自信がなく、コミュニケーションに不安があります。
I am not good at Japanese (English), and I don't know whether I can communicate with people here.

Q4 これから大阪大学の勉強や研究がちゃんとできるか心配です。
I am worried whether I will do well in my studies and research at Osaka University.

Q5 大阪大学に来る前に想像していたことと今の自分の状況が違って、どうしていいかわかりません。
The image I had before coming to Osaka University is so different from what I am facing now. I do not know what to do.

大阪大学留学生支援フロントスタッフネットワーク作成 (2014/9第7版)
By Front Staff Network in Support for International Students, Osaka University

Health & Counseling Center

- Available on each campus
- Free for students, researchers, staff
- Appointment-based consultation
- Medical check-up mandatory for all newcomers



See their HP for:

- Locations
- Opening hours
- Medical check-up schedule, etc.

Harassment Counseling Office

- Harassment counseling office available on each campus
- Academic, sexual, workplace harassment, etc.
- English counseling available
- Appointment required



See [here](#) for:

- Locations
- Opening hours
- Counselor list, etc.

University Cooperative (CO-OP)

- If you become a member, you'll get discount at university CO-OP stores & cafeterias (books, stationary, meals, etc.)
- 3,000-yen (will be reimbursed upon leaving OU) to become a member



See [how to become a member](#)

Crime & disaster Prevention

- What to do in the event of a natural disaster?
- How to prepare for natural disasters/ prevent crimes in daily life?
- And more...



See [here](#) for more info


Attention: Avoid drinking problems, drugs, antisocial cults, SNS troubles

- Do not engage in illegal substance abuse
- Stay away from antisocial cults, who may attempt to recruit you under the guise of university clubs
- Use SNS with caution



See [here](#) for more info on how to prevent troubles

International student associations

Bangladesh	OUSAB PDF			
China	OUCSA PDF			
India	OIA PDF			
Indonesia	PPI-ON PDF			https://osakanara.ppijepang.org/
Korea	OUKSA PDF			https://www.osakaunivkr.com/
Philippines	FILSSO PDF			
Taiwan	OUTSA			
Vietnam	VYSA			



See [here](#) or ask IRIS staff for more info

Osaka university Muslim
student Association

[OMA](#) PDF



“Campus Members”

- Osaka University is a member of “Campus Members”
- Special discounts at museums, etc. are available
- Present your student ID to avail of these benefits



See [here](#) for more info

知ってる??

キャンパスメンバーズ

大阪大学では、学生や教職員に文化や芸術、科学や歴史に広く自由に接する機会を提供するために、美術館や博物館等に無料で入場できるキャンパスメンバーズに加入しています。

学生証・教職員証を提示することで以下の施設で特典を受けられることができますので、学生のみならずこの制度を共に活用してください。(※年度により利用施設が変更となる場合があります。)

Osaka University is a member of the **Campus Members Program** in which several museums offer a number of benefits such as **free admission**. This is to provide opportunities for students, faculty and staff to experience and be exposed to culture, art, science and history. Under this program, by presenting your **student, faculty or staff ID card** at the reception counter, you may receive benefits offered by the museums listed on the this page. Why not take advantage and enjoy a day at a museum? (Please note that available facilities offering benefits are subject to change.)

Campus Members
- Museums and Art Museums

特典 Benefits offered	常設展の無料観覧 ※自由利用期間（土日祝日）のみ Free admission to permanent exhibitions * 100 yen discount only	特別展・共催展の割引観覧 Discounts on special and joint exhibitions		
美術館 Art Museums	1 国立国際美術館 The National Museum of Art, Osaka	2 京都国立近代美術館 The National Museum of Modern Art, Kyoto	3 大阪市立美術館 Osaka City Museum of Fine Arts	
博物館 Museums	4 大阪市立東洋陶磁美術館 The Museum of Oriental Ceramics, Osaka	5 大阪歴史博物館 Osaka Museum of History	6 大阪市立自然史博物館 Osaka Museum of Natural History	
	7 国立民族学博物館 National Museum of Ethnology	8 奈良国立博物館 Nara National Museum	9 京都国立博物館 Kyoto National Museum	その他 Other
	10 大塚天守閣 Osaka Castle Museum	11 大阪市立科学館 Osaka Science Museum	12 アサヒビール大山崎山荘美術館 ASAHI BEER OYAMAZAKI VILLA MUSEUM OF ART*	

大阪大学
OSAKA UNIVERSITY



**Be safe
&
Enjoy your
stay in Osaka!**