



# Welcome to Osaka University

## - Living Guide -

Sachi Okamoto

Center for International Education and Exchange

Osaka University

# ***1. INFORMATION FROM CIEE & IRIS***

Details are available here!



<https://ciee.osaka-u.ac.jp/information-for-new-international-students/>



# CIEE (CENTER FOR INTERNATIONAL EDUCATION AND EXCHANGE)

## What we do for you

- Japanese Courses
- International Student Support

Visit our  
website!



IC Hall (Suita Campus)

The screenshot displays the CIEE website interface. At the top, there is a header with the CIEE logo (大阪大学国際教育交流センター / Center for International Education and Exchange) and a search bar. Below the header, a main content area features four photographs: a family with a child, a group of students in a classroom, a group of students in front of a traditional building, and a group of students in a meeting. A central text overlay reads "Support Students' Global Learning and Growth". To the right, a vertical navigation menu lists various services in both Japanese and English. At the bottom, there are four boxes detailing specific support services for international students.

大阪大学国際教育交流センター  
CIEE Center for International Education and Exchange

JAPANESE ENGLISH

About CIEE

Education

Research / Development

Inbound Short-Term Programs

Outbound Programs

Student Support

International Exchange

Collaboration / Contribution

大阪大学  
OSAKA UNIVERSITY

Center for International Education and Exchange

For International Students at Osaka University

- International Exchange
- Education
- Career Support

For Students Who Wish to Study Abroad

- Consultation
- Study Abroad Seminars
- Overseas Training

# IRIS (INFORMATION ROOM FOR INTERNATIONAL STUDENTS)

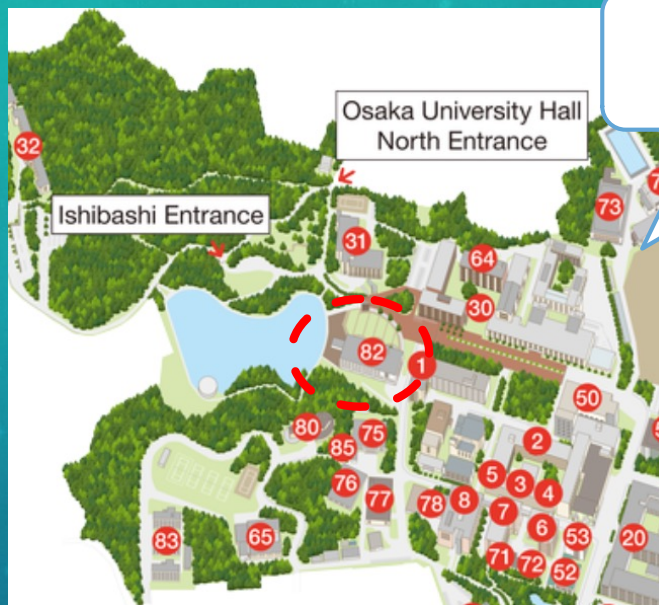
- Advice on daily life
- Study Area
- Computers & Internet
- Lounge (tea & coffee)
- Notice board (e.g. scholarships, part-time jobs)
- Intercultural events (e.g. Japanese cafe)



IC Hall 2F (8:30 – 18:00)



# IRIS on other campuses



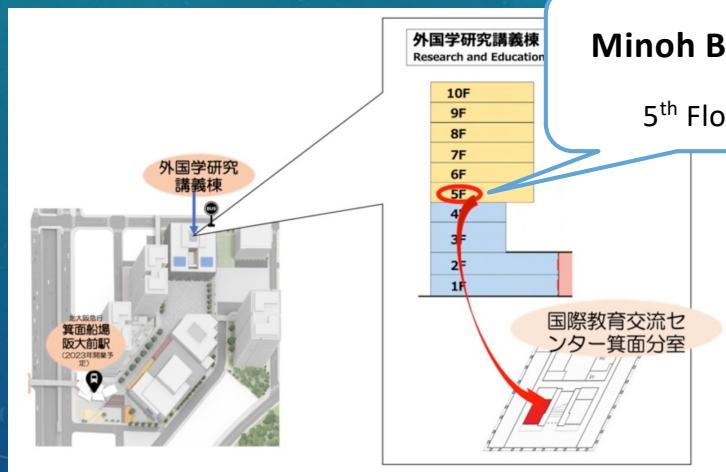
## Toyonaka Branch

2<sup>nd</sup> Floor, Student Service & Union



## Minoh Branch

5<sup>th</sup> Floor



Find more  
Details ↓



OPEN 10:30-17:00 (Mon-Fri)

# IRIS LETTER

- Information for international students
- Events/activities
- Programs
- Notice

You are already registered!

## IRIS Letter あいりす通信



Information and announcements of on and off campus international student-related events are posted on KOAN and sent to all enrolled international students to their KOAN registered email.

学内外の留学生関係のイベント情報やお知らせを KOAN に掲載しているとともに、在籍する全留学生に KOAN 登録メールへも送信しています。

あいりすレター：IRIS Letter 20XX No.1 (20XX.4)

\* 今回の IRIS レター \*

1. 20XX 年度春~夏学期 留学生対象日本語プログラム
2. 学内バス運行のお知らせ
3. 学生定期健康診断

\* Contents of this IRIS-letter \*

1. Japanese Language Program for International Students, 20XX Spring~Summer
2. The schedule of inter-campus shuttle bus
3. Student medical checkups

:::: 1. 20XX 年度春~夏学期 留学生対象日本語プログラム

日本語を学びたい留学生のために様々なプログラムを提供しています。

大阪大学の留学生なら誰でも受講できます。授業開始：4月 〇〇 日(月)、手続きはすべてウェブで行います。履修登録締め切りは 4月△△日(金)です。

詳細は[こちら](#)をご覧ください。

:::: 1. Japanese Language Program for International Students, 20XX Spring~Summer

Osaka University offers a variety of courses for those who want to learn Japanese.

Anyone who is an international student of Osaka University can take courses in the program.

Registration is handled over the internet. Classes begin on April 〇〇 (Mon.).

Class registration ends on April △△ (Fri.).

Click [here](#) for more information.

:::: 2. 学内バス運行のお知らせ

4月 〇〇 日(月)から学内バスが運行しています。

詳細は[こちら](#)をご覧ください。

:::: 2. The schedule of inter-campus shuttle bus

School buses are in service from April 〇〇 (Mon.).

Click [here](#) for more information.

Sample  
20XX.4



# THE IRIS SCHOOL VISIT PROGRAM

- Volunteer Program

- Visit local schools

(elementary, junior-high, high schools)

- Introduce your country

- Interact with Japanese students

If you would like join the program, please fill-in online form!

\*Need permit for part time job

\*Need to reside in Japan



## The IRIS School Visit Volunteer / Program



**IRIS 学校交流ボランティア**

Target: International students who are in Japan / 日本在住留学生対象-

How about talking about your home country /region and interacting with local school children/ students?

Please visit the website below and fill in the form for application.

<https://forms.office.com/r/pheFNK2UMR>

\* Work permit for part-time jobs (Permission to engage in activity other than that permitted under the status of residence previously granted) is required in order to participate in this program.

\* Some programs may require a bank account that allows domestic remittances.

地域の小・中・高等学校の児童・生徒たちと交流したり、自分の国/地域を紹介したりしませんか?

興味のある人は申込フォームに登録してください。 <https://forms.office.com/r/pheFNK2UMR>

以下のような詳しいプログラムのメールが届きます。

\* このプログラムに参加するためには資格外活動許可が必要です。

\* プログラムによっては、国内送金可能な銀行口座が必要な場合があります。



IRIS スクールビジットボランティアプログラムに登録しているみなさんへ (20XX/〇〇/〇〇)

To: International Students who have registered at the IRIS School Visit/Volunteer Program.

このメールは IRIS スクールビジットボランティアプログラムに登録しているみなさんに送っています。  
参加できる人は返信して下さい。

【注意】

\* 授業がある人は参加できません。

\* 申込者が多い場合は参加できないことがあります。

We are sending this e-mail to those of you who have registered at the IRIS School Visit/Volunteer Program.

Please reply to us via email if you can join in any of the following programs.

【NOTE】

\* You can't skip your classes due to this program.

\* Sometimes you can't join in case there are a lot of applicants.

日時: 〇月〇日(土) 14:00 - 16:00

学校名: ABC 高等学校

学年: 高校1〜2年生 (15-17歳) 30人

内容: 自国紹介、文化交流

交流言語: 英語

募集人数: 15名

学校の先生との事前打ち合わせ: △月△日(月) 16:30~

【締切】△月〇日(火) 正午

Date & Time: 〇/O(Sat.) 14:00-16:00

Name of the school: ABC senior high school

Grade: from 10th grader to 11th grader (15 to 17 years old), 30 students

Contents: introducing your country, cultural exchange

Language: English

Volunteers to be invited: 15 international students

Advanced meeting with schoolteachers: △/△ (Mon.) 16:30-

【Deadline】△/〇 (Tue.) Noon

**IRIS School Visit Program [sv@ciece.osaka-u.ac.jp]**

詳しくはこちら (日本語) [https://ciece.osaka-u.ac.jp/international\\_exchange/school\\_visit\\_program/#](https://ciece.osaka-u.ac.jp/international_exchange/school_visit_program/#)

(English) [https://ciece.osaka-u.ac.jp/en/international\\_exchange/school\\_visit\\_program/](https://ciece.osaka-u.ac.jp/en/international_exchange/school_visit_program/)

国際教育交流センター留学生交流情報室「IRIS」 Information Room for International Students, CIEE 2023/08

Sample  
29mb16

# HOST FAMILY PROGRAM (OHP)

- Application period: October 2 to 12, 2023
- Our program is NOT a home stay program (Home-visit type)
- Our host family program provides opportunities for you to meet a local Japanese family





## ***2. TIPS ON/OFF CAMPUS***

# ADVISING ROOMS

*Besides IRIS...*

- Other advising rooms are available for international students

## Online-Leaflet

- Contact Information
- Location of Advising Rooms

## OU consultation Room Map

新しく大阪大学の仲間になった学生\*の皆さんへ

Dear New Students\*, WELCOME TO OSAKA UNIVERSITY!

大阪大学は学生の皆さん1人1人が充実した勉学生活を送れるようサポートしています。このパンフレットにある「阪大初心者向けQ&A」や留学生相談室マップなどにある様々なサポーターを是非活用してください！

\*このパンフレットは留学生を主な対象としていますが、阪大が初めての一般学生にも参考となります。

Osaka University supports every one of you, so that you can have a fruitful academic and campus life at Osaka University.

This pamphlet has been put together with the aim of supporting your life at Osaka University with such information as "Q&As for newcomers to Osaka University" and a "Map of Advising Rooms for International Students." We sincerely hope it will be useful for you.

\*Although this pamphlet has been made with the new international students in mind, it will also be useful to all new students to Osaka University.

### 阪大初心者向けQ&A

Q1 大阪大学に入ったばかりで、まだどこに何があるかわからないし、とても不安です。

I am totally new to Osaka University and feel that I know nothing.

### "Q&As for Newcomers to Osaka University"

Q2 初めて1人で生活をはじめたので、知り合いも友人もいません。

I have just started a new life here at Osaka by myself. I know no one. I have no friends here.

Q3 日本語に（英語にも）自信がなく、コミュニケーションに不安があります。

I am not good at Japanese (English), and I don't know whether I can communicate with people here.

Q4 これから大阪大学での勉強や研究がちゃんとできるか心配です。

I am worried whether I will do well in my studies and research at Osaka University.

Q5 大阪大学に来る前に想像していたことと今の自分の状況が違って、どうしていいかわかりません。

The image I had before coming to Osaka University is so different from what I am facing now. I do not know what to do.

大阪大学留学生支援フロントスタッフネットワーク作成（2014/9第7版）

By Front Staff Network in Support for International Students, Osaka University



# IN CASE OF EMERGENCY...

English OK

Japanese only

## Emergency Card

※Carry this at all times



## Emergency Call

- 110 (POLICE: ACCIDENT, CRIME)
  - 119 (FIRE DEPT. : FIRE, EMERGENCY MEDICAL SERVICES)
  - Japan IR&C SUPPORT CENTER
- Language: Japanese/English/Chinese
- TEL (toll-free): 0120-119-075 (daily, 24 hours)

## University Offices

- Your Faculty: \_\_\_\_\_
- Faculty's Phone Number TEL \_\_\_\_\_
- IRIS : TEL 06-6879-7076

In case of trouble :

& if you do not speak Japanese

& do not know what to do

**CALL THIS NUMBER! Available 24hrs**

## MY INFORMATION

名前/NAME: \_\_\_\_\_

住所/ADDRESS: \_\_\_\_\_

プログラム/PROGRAM: \_\_\_\_\_

大学/UNIVERSITY: 大阪大学/Osaka University

緊急連絡先/EMERGENCY CONTACT: \_\_\_\_\_

# HEALTH & COUNSELING CENTER

- Available on 3 campuses
- Free for students, researchers, staff
- Appointment-based consultation
- Medical check-up mandatory for all new comers



Check out their website for

- location
- opening hour
- medical check-up schedule



# IF YOU FEEL YOU ARE BEING HARASSED...

- Harassment counseling offices
- Available on 3 campuses
- Academic, sexual, power harassment etc.
- English counseling available
- Appointment-based consultation

Don't Suffer in Silence...  
Our Counselors Will  
Listen to You!

At the Counseling Offices, our Professional Counselors and staff will do their best to put themselves in your shoes and listen before they give advice.

- The Counselors will strictly protect and respect your privacy. You may consult anonymously as well.
- You may consult with a counselor under a pseudonym. However, please understand that using a pseudonym limit the help we can provide.

#### Measures against harassment

- The University will endeavor to provide redress to victims of harassment in the best possible way even while consultations and investigations are still ongoing. No one should suffer disadvantages on the grounds that he/she consulted one of our counselors, and if it is found that any disadvantage has arisen, appropriate measures will be taken.
- The Counseling Office may, with the consent of the counselor, coordinate with the department, etc. to which the alleged offender belongs in order to resolve the problems.
- If it is determined that the Counseling Office cannot resolve the problems or that measures need to be taken to provide redress to the victim or prevent recurrence of the problems, then, with the consent of the counselor, the Office will report the case to the Anti-Harassment Council. Depending on the nature of the consultation, the council may take measures involving the associated department in order to prevent further damage. If an investigation of facts is deemed necessary, the Anti-Harassment Council may ask the Investigation Committee to conduct such an investigation.
- The University gives its first priority to the protection and relief of victims and will assume a reasonably stern attitude to offenders.

#### Osaka University Harassment Counseling Offices

- If you wish to have a personal interview with a Counselor to receive advice, please make an appointment by phone at the Counseling Office of your choice.
- For the consultation hours of each Counseling Office, please refer to the current information available on our webpage on harassment which can be accessed by visiting "Campus Life" (found at the top of any page at Osaka University's website) → "Student Support Service" → "Preventing all types of Harassment" ([http://www.osaka-u.ac.jp/en/guide/student/prevention\\_sh/](http://www.osaka-u.ac.jp/en/guide/student/prevention_sh/)).

#### Suita Campus (4F, UTE Bldg., School of Engineering)

06-6879-7199(direct line)



#### Toyonaka Campus

(2nd floor, Health Care Center-please use the outside stairs on the east side of the Health Care Center)  
06-6850-5029(direct line)(Sexual Harassment, etc.)  
06-6850-6006( Academic, Power and Other Harassment)



#### Minoh Campus (3rd floor, Administration Building)

072-730-5112(direct line)



Edited and published by  
Osaka University Human Rights Committee and  
Counseling Office(Harassment Related Matters)



#### Osaka University's general approach

In accordance with the spirit of respect for human rights, Osaka University and its members must strive to create a liberal, open-minded environment where all members respect one another, communicate on an equal footing as individuals, and make an effort to share equal opportunities to demonstrate their abilities. It is the obligation of all members, and it is the University's social responsibility, to maximize the ability of all members to execute their respective tasks in education, research, and work activities in a healthy and positive environment.

Osaka University works on preventing and finding solutions to these types of harassment in order to maintain a good educational, research, and working environment for all Osaka University students and staff members.

OSAKA UNIVERSITY

# CAMPUS BUS SCHEDULE

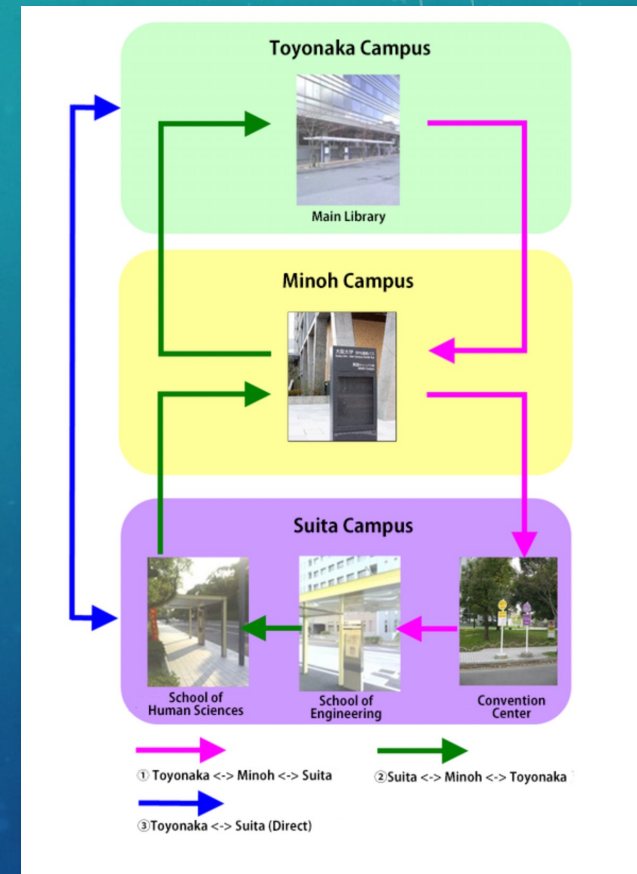
- Campus bus is available
- Travels between 3 campuses
- Free
- Only available during terms

(no bus on weekend!)



Check out the website for

- Location
- Schedule





# UNIVERSITY CO-OP

- If you become a member, you'll get  
discount on items at university co-op  
(e.g. books, stationary, cafeteria)
- 3,000-yen to become a member  
(you will be refunded when you leave)
- Please fill in the form in advance



↑ Check out the website for  
more details!

# CRIME & DISASTER PREVENTION

*Japan may not be as safe as you think...*

- What to do when an earthquake occurs?
- Which items need to be prepared?
- How to evacuate?

Checkout useful tips  
for yourself!



## 防犯対策のヒント！ Tips for Crime Prevention !

近年、日本は必ずしも安全ではありません。みなさんのちょっとした「心掛け」「工夫」次第で犯罪被害にあう危険を少なくすることが出来ます。被害にあわないようにするためには、どうしたらよいのか紹介します。

### ◆ 外出するとき... / When you go out...

短時間の外出でも、部屋の鍵を必ずかける！

### ◆ 外出中... / While you go out...

ひたたくりにあわないよう、バッグは車道の

夜間一人で暗く人気がない道を通らない。

※遠回りでも、幹線道路など明るくて広い

ヘッドホンは、周囲の物音が聞こえず危険！

※携帯電話はいつでも110番できるよう、

防犯ブザーはいつでも使えるよう、携帯する

※防犯ブザーは100円ショップなどで購入

### ◆ 帰宅するとき... / When you come home...

玄関は、周囲に人がいないことを確認して

### ◆ 在宅中... / While you stay at home...

来訪者は、相手を確認後にドアを開ける！

女性の1人暮らしと気付かせない！

例、洗濯物は外から見えないところに干す。  
カーテンの柄に注意する。

### ◆ その他 / Others

自転車・バイク・自動車などを停めておく

それでも、もし被害に遭ってしまったら、最  
困ったことがあれば、いつでもIRIS(留学生)

## 防災対策のヒント！ Tips for Disaster Prevention !

Nowadays earthquakes, heavy rains and typhoons occur anywhere in Japan. It is recommended for you to protect yourselves with the following tips.

### When an earthquake occurs... (When you receive an emergency alert message...)

#### ◆ Protect yourself / 身を守る

(Indoors) Get under a table or desk.

(Outdoors) Keep away from block walls, signboards, glass windows.



#### ◆ When the ground stops shaking / 揺れがなくなったら

Make sure that the fire is out, and cut off the electricity by switching off the circuit breaker.

If a fire starts, put it out quickly and calmly.

Open doors and windows to secure an exit.



#### ◆ When you evacuate - go to an emergency shelter / 逃げる時・避難所に向かうとき

Bring an emergency kit. (※1)

Cover your head with a bag or cushion.

Wear socks and shoes.

Do not use a car to evacuate.

Walk away from block walls, signboards, glass windows.

Get accurate information from television, radio, internet and local authorities, etc.



※1 What items in an emergency kit?  
Food, water, medicine (its prescription), portable radio, flashlight, battery, lighter, gloves, can opener, towel, raincoat, underwear, socks, valuables, passport, residence card and copy of health insurance card, etc.

#### ◆ Prepare for disasters / 日ごろの備え

Set to receive emergency alert messages. (※2)

Familiarize yourself with the free emergency message recording service.

Secure the furniture in place.

and keep them from falling or moving with an earthquake.

Make sure the location for the emergency shelter.

Prepare for an emergency kit.

Store contact information of your family, friend and local embassy in your mobile phone.

and also place them in your passport or residence card.

※2 What is emergency alert messages?  
Emergency earthquake alerts, tsunami warnings, emergency warnings and disaster/evacuation information are delivered to your mobile phone. (Free of charge. Settings to receive alerts may vary by device)

#### When a heavy rain/a typhoon occurs...

Get accurate weather information from television, radio and internet.

Check around outside your house, and put anything that can be blown by wind in a house.

Do not go outside.

Prepare for an emergency kit.





# DRINKING, DRUGS, & ANTISOCIAL CULTS

*How to avoid troubles on campus*

- Do not get involved in illegal drug use
- Stay away from antisocial cults

(may approach you as a university club etc.)

Checkout useful tips for yourself!

Drinking



Drug



Antisocial Cults



# INTERNATIONAL ASSOCIATIONS



**Bangladesh**  
**OUSAB**



**Indonesia**  
**PPI-ON**



**Philippines**  
**FILSSO**



Osaka university Muslim student Association (OMA)



**China**  
**OUCSA**



**Taiwan**  
**OUSTA**



**India**  
**OIA**



**Korea**  
**OUSKA**



**Vietnam**  
**VYSA**





# TIPS FOR SIGHTSEEING ETC.

- Osaka University is a member of “Campus Members”
- Special discount at museums etc. are available
- Show you student ID



知ってる??

## キャンパスメンバーズ

大阪大学では、学生や教職員に文化や芸術、科学や歴史に広く自由に接する機会を提供するために、美術館や博物館等に無料で入場できるキャンパスメンバーズに加入しています。

学生証・教職員証を提示することで以下の施設で特典を受けることができますので、学生のみなさんはこの制度を大いに活用してください。（※年度により利用施設が変更となる場合があります。）

Osaka University is a member of the **Campus Members Program** in which several museums offer a number of benefits such as **free admission**. This is to provide opportunities for students, faculty and staff to experience and be exposed to culture, art, science and history. Under this program, by presenting your **student, faculty or staff ID card** at the reception counter, you may receive benefits offered by the museums listed on the this page. Why not take advantage and enjoy a day at a museum? (Please note that available facilities offering benefits are subject to change.)

### Campus Members – Museums and Art Museums

特典 Benefits offered	常設展の無料観覧 Free admission to permanent exhibitions ※② ¥100 discount only	特別展・共催展の割引観覧 Discounts on special and joint exhibitions	
美術館 Art Museums	1 国立国際美術館 The National Museum of Art, Osaka	2 京都国立近代美術館 The National Museum of Modern Art, Kyoto	3 大阪市立美術館 Osaka City Museum of Fine Arts
	4 大阪市立東洋陶磁美術館 The Museum of Oriental Ceramics, Osaka	5 大阪歴史博物館 Osaka Museum of History	6 大阪市立自然史博物館 Osaka Museum of Natural History
	7 国立民族学博物館 National Museum of Ethnology	8 奈良国立博物館 Nara National Museum	9 京都国立博物館 Kyoto National Museum
博物館 Museums	10 大阪城天守閣 Osaka Castle Museum	11 大阪市立科学館 Osaka Science Museum	12 アサヒビール大山崎山荘美術館 ASAHI BEER OYAMAZAKI VILLA MUSEUM OF ART *
	その他 Other		

大阪大学  
OSAKA UNIVERSITY

# THANK YOU!



**All the information is available here!**