

Tips for Disaster Prevention ! 防災対策のヒント !

Nowadays earthquakes, heavy rains and typhoons occur anywhere in Japan. It is recommended for you to protect yourselves with the following tips.

When an earthquake occurs... (When you receive an emergency alert message...)

◆ Protect yourself / 身を守る

《Indoors》Get under a table or desk.

《Outdoors》Keep away from block walls, signboards, glass windows.



◆ When the ground stops shaking / 揺れがなくなったら

Make sure that the fire is out, and cut off the electricity by switching off the circuit breaker.

If a fire starts, put it out quickly and calmly.

Open doors and windows to secure an exit.



◆ When you evacuate · go to an emergency shelter / 逃げるとき・避難所に向かうとき

Bring an emergency kit. (※1)

Cover your head with a bag or cushion.

Wear socks and shoes.

Evacuate on foot. (Do not use a car).

Walk away from block walls, signboards, glass windows.

Get accurate information from television, radio, internet and local authorities, etc.



※1 What items in an emergency kit?

Water, food, medicine (its prescription), portable radio, flashlight, battery, lighter, gloves, can opener, towel, raincoat, underwear, socks, valuables, passport, residence card and copy of health insurance card, etc.

◆ Prepare for disasters / 日ごろの備え

Set to receive emergency alert messages. (※2)

Familiarize yourself with the free emergency message recording service.

Secure the furniture in place,

and keep them from falling or moving with an earthquake.

Confirm the location for the emergency shelter.

Prepare for an emergency kit.

Store contact information of your family, friends and local embassy in your mobile phone, and also make a memo with these contacts.

Check the Hazard map on Osaka Disaster Prevention Net. (※3)

※2 What is emergency alert messages?

Emergency earthquake alerts, tsunami warnings, emergency warnings and disaster/evacuation information may be delivered to your mobile phone.

(Free of charge. Settings to receive alerts may vary by device.)

※3 Osaka Disaster Prevention Net

<https://www.osaka-bousai.net/e.add.hp.transer.com/>

Before a heavy rain/a typhoon occurs...

Get accurate weather information from television, radio and internet. x

Check around outside your house, and put anything can be blown by wind in a house.

Do not go outside. Prepare for an emergency kit.

