

新しく大阪大学の仲間になった学生*の皆さんへ

Dear New Students*, WELCOME TO OSAKA UNIVERSITY!

大阪大学は学生の皆さん1人1人が充実した勉学生活を送れるようサポートしています。このパンフレットにある「阪大初心者向け Q&A」や留学生相談室マップなどにある様々なサポーターを是非活用してください！

*このパンフレットは留学生を主な対象としていますが、阪大が初めての一般学生にも参考になります。

Osaka University supports every one of you, so that you can have a fruitful academic and campus life at Osaka University.

This pamphlet has been put together with the aim of supporting your life at Osaka University with such information as "Q&As for newcomers to Osaka University" and a "Map of Advising Rooms for International Students." We sincerely hope it will be useful for you.

*Although this pamphlet has been made with the new international students in mind, it will also be useful to all new students to Osaka University.

阪大初心者向け Q&A

Q1 大阪大学に入ったばかりで、まだどこに何があるかわからないし、とても不安です。

I am totally new to Osaka University and feel that I know nothing. I feel lost.

"Q&As for Newcomers to Osaka University"

Q2 初めて1人で生活をはじめたので、知り合いも友人もいません。

I have just started a new life here at Osaka by myself. I know no one. I have no friends here.

Q3 日本語に（英語にも）自信がなく、コミュニケーションに不安があります。

I am not good at Japanese (English), and I don't know whether I can communicate with people here.

Q4 これから大阪大学での勉強や研究がちゃんとできるか心配です。

I am worried whether I will do well in my studies and research at Osaka University.

Q5 大阪大学に来る前に想像していたことと今の自分の状況が違って、どうしていいかわかりません。

The image I had before coming to Osaka University is so different from what I am facing now. I do not know what to do.

役立つ情報

地図	場所・名前	URL	電話番号
	大阪大学公式 HP	https://www.osaka-u.ac.jp/ja	
S1	国際教育交流センター(CIEE)	https://ciee.osaka-u.ac.jp	06-6879-7118
S1	サポートオフィス	https://iss-intl.osaka-u.ac.jp/supportoffice/jpn/	06-6879-4750
S4	*キャンパスライフ健康支援・相談センター 部門 保健管理 相談支援部門 ハラスメント 相談室	- 内科・整形外科・精神科 - 女性外来 - 禁煙外来 https://hacc.osaka-u.ac.jp/ja/home/sosiki/hokenkanri/clinic/	06-6879-8970 (吹) 06-6850-6038 (豊) 072-730-5151 (箕)
T8			- 学生相談室 - アクセシビリティ支援室 - ピア相談室 https://hacc.osaka-u.ac.jp/ja/home/sosiki/gakusou/
M4		なんでも相談 https://hacc.osaka-u.ac.jp/ja/home/sosiki/nandemosodan/	
S5		- セクシャル・ハラスメント https://www.osaka-u.ac.jp/ja/campus/life/prevention_sh	①06-6879-6981 (吹) ②06-6879-6982
T8			①06-6850-5029 (豊) ②06-6850-6006
T9			072-730-5112 (箕)
M5			
学外	おおさかメディカルネット for Foreigners	https://www.mfis.pref.osaka.jp/omfo/	
	出入国在留管理庁	http://www.moj.go.jp/isa/index.html	0570-013904
	大阪府外国人情報コーナー (OFIX)	https://www.ofix.or.jp/life/japanese/	06-6941-2297
	大阪国際交流センター (在日外国人のための生活情報)	http://www.ih-osaka.or.jp/	06-6773-8989

*キャンパスライフ健康支援センターなどの各種対応についての詳細は HP を参照してください。(2022年3月現在)

Useful Information

Map	Name	URL	Telephone
On Campus	Osaka University	https://www.osaka-u.ac.jp/en	
	S1 Center for International Education and Exchange (CIEE)	https://ciee.osaka-u.ac.jp/en/	06-6879-7118
	S1 Support Office for International Students and Scholars	https://iss-intl.osaka-u.ac.jp/supportoffice/	06-6879-4750
	S4 Health care Division	- Internal Medicine, Orthopedics, Psychiatry - Consultation for women - Non-smoking outpatient https://hacc.osaka-u.ac.jp/ja/home/sosiki/hokenkanri/clinic/(JP)	06-6879-8970(Suita) 06-6850-6038(Toyonaka) 072-730-5151(Minoh)
	T8 Health and Counseling Center	- Accessibility Services Office - Counseling room for students - Peer Consultation https://hacc.osaka-u.ac.jp/ja/home/sosiki/gakusou/(JP)	06-6850-6014 06-6850-6107 06-6850-6651
	M4		Nandemo-sodan https://hacc.osaka-u.ac.jp/ja/home/sosiki/nandemosodan/(JP)
	S5 Harassment Counseling Office	- Sexual Harassment https://www.osaka-u.ac.jp/en/campus/life/prevention_sh/prevention_sh	①06-6879-6981 (Suita) ②06-6879-6982
	T8	-Academic, Power and Other Harassment	①06-6850-5029 (Toyonaka) ②06-6850-6006
T9		072-730-5112 (Minoh)	
M5			
Off Campus	Osaka Medical Net for Foreigners	https://www.mfis.pref.osaka.jp/omfo/	
	Immigration Services Agency of Japan	https://www.isa.go.jp/en/index.html	0570-013904
	Osaka Information Service for Foreign Residents (OFIX)	https://www.ofix.or.jp/life/english/	06-6941-2297
	Osaka International House Foundation (Information for Foreign Residents)	http://www.ih-osaka.or.jp/english/	06-6773-8989

*For detail information on various kinds of consultation and services at the Health and Counseling Center, Osaka University, refer to their respective HP sites. (As of March 2022)

学内の留学生相談室

	地図	相談室	場所 / メールアドレス / 共通のHP	電話番号
吹田	S1	国際教育交流センター IRIS	IC ホール 2F iris@ciee.osaka-u.ac.jp https://ciee.osaka-u.ac.jp/incoming_student_support/iris/	06-6879-7076
	S2	工学部・工学研究科 国際交流推進センター	バイオテクノロジー国際交流棟 1F contact_cia@fsao.eng.osaka-u.ac.jp http://www.fsao.eng.osaka-u.ac.jp/	06-6879-8972
	S3	人間科学研究科 国際交流室	人間科学部本館 2F M245 oiie@hus.osaka-u.ac.jp http://oiie.hus.osaka-u.ac.jp/	06-6879-4038
豊中	T1	国際教育交流センター 豊中分室	学生交流棟 2F iris@ciee.osaka-u.ac.jp https://ciee.osaka-u.ac.jp/incoming_student_support/iris/	06-6850-5032
	T2	人文学研究科・文学部 国際連携室（豊中）	文法経本館 1F 109 inter@let.osaka-u.ac.jp http://www.let.osaka-u.ac.jp/ja/international/foreign-students	06-6850-6409
	T3	基礎工学研究科・基礎工学部 留学生相談室	基礎工学部A棟 3F A325 aris@ad.es.osaka-u.ac.jp https://www.es.osaka-u.ac.jp/ja/departments/facility/international-student-counseling-room/	06-6850-6424
	T4	法学部・法学研究科・高等司法研究科 国際交流・留学生相談室	法・経研究棟 2F 201 f-student@law.osaka-u.ac.jp http://www.law.osaka-u.ac.jp/foreign/	06-6850-5181
	T5	経済学研究科・経済学部 国際交流室	法・経研究棟 1F 101 ieo@econ.osaka-u.ac.jp http://www.econ.osaka-u.ac.jp/international/index.html	06-6850-5847
	T6	理学研究科・理学部 留学生相談室	理学部D棟 2F D201 foreign@sci.osaka-u.ac.jp http://www.sci.osaka-u.ac.jp/ja/international/foreignstudents/	06-6850-6415
	T7	国際公共政策研究科 (OSIPP) グローバル・コミュニティー・オフィス	OSIPP 棟 2F 205 sodan@osipp.osaka-u.ac.jp https://www.osipp.osaka-u.ac.jp/en/osipp-links/global-community-office/	06-6850-5641
箕面	M1	国際教育交流センター 箕面分室	外国学研究講義棟 5F iris@ciee.osaka-u.ac.jp https://ciee.osaka-u.ac.jp/incoming_student_support/iris/	072-730-5020
	M2	日本語日本文化教育センター	外国学研究講義棟 7F kouryu@cjlc.osaka-u.ac.jp http://www.cjlc.osaka-u.ac.jp/japanese/	072-730-5075
	M3	外国語学部 なんでも相談室	外国学研究講義棟 2F soudan@sfs.osaka-u.ac.jp http://www.sfs.osaka-u.ac.jp/campus_life/consultation.html	

Advising Rooms for International Students on Campus

	Map	Advising Room	Location / e-mail address / HP	Phone No.
Suita	S1	IRIS, Center for International Education and Exchange (CIEE)	2 nd floor, IC Hall iris@ciee.osaka-u.ac.jp https://ciee.osaka-u.ac.jp/en/student_support/iris/	06-6879-7076
	S2	Center for International Affairs (CIA) Advisory Division for International Students, Graduate School of Engineering	1 st floor, International Research Complex for Biotechnology contact_cia@fsao.eng.osaka-u.ac.jp http://www.fsao.eng.osaka-u.ac.jp/en/	06-6879-8972
	S3	The Office of International Exchange (OIE), Graduate School of Human Sciences	M245, 2 nd floor, Main Building, School of Human Sciences oiie@hus.osaka-u.ac.jp http://oiie.hus.osaka-u.ac.jp/english/	06-6879-4038
Toyonaka	T1	Center for International Education and Exchange (CIEE), Toyonaka Branch Office	2 nd floor, Student Service & Union iris@ciee.osaka-u.ac.jp https://ciee.osaka-u.ac.jp/en/student_support/iris/	06-6850-5032
	T2	International Affairs Office, Graduate School of Humanities, School of Letters (Toyonaka)	109, 1 st floor, Main Building, Graduate School of Let. Law. Econ. inter@let.osaka-u.ac.jp http://www.let.osaka-u.ac.jp/en/international	06-6850-6409
	T3	Advisement Office for International Students, Graduate School of Engineering Science	A325, 3 rd floor, School of Engineering Science Building A aris@ad.es.osaka-u.ac.jp https://www.es.osaka-u.ac.jp/ja/departments/facility/international-student-counseling-room/index.html	06-6850-6424
	T4	International Exchange & Consultation Room, School of Law, Graduate School of Law & Politics/ Osaka University Law School	201, 2 nd floor, Graduate School of Law and Politics, Graduate School of Economics f-student@law.osaka-u.ac.jp http://www.law.osaka-u.ac.jp/foreign/	06-6850-5181
	T5	International Exchange Office, Graduate School of Economics	101, 1 st floor, Graduate School of Law and Politics, Graduate School of Economics ieo@econ.osaka-u.ac.jp http://www.econ.osaka-u.ac.jp/en/	06-6850-5847
	T6	Advisement Office for International Students, Graduate School of Science	D201, 2 nd floor, School of Science Building D foreign@sci.osaka-u.ac.jp http://www.sci.osaka-u.ac.jp/en/overseas-study/for-international-students/	06-6850-6415
	T7	Global Community Office, Osaka School of International Public Policy (OSIPP)	205, 2 nd floor, OSIPP Building sodan@osipp.osaka-u.ac.jp https://www.osipp.osaka-u.ac.jp/en/osipp-links/global-community-office/	06-6850-5641
Minoh	M1	Center for International Education and Exchange (CIEE), Minoh Branch Office	5 th floor, Research and Education Hub iris@ciee.osaka-u.ac.jp https://ciee.osaka-u.ac.jp/en/student_support/iris/	072-730-5020
	M2	Center for Japanese Language and Culture	7 th floor, Research and Education Hub kouryu@cjlc.osaka-u.ac.jp http://www.cjlc.osaka-u.ac.jp/	072-730-5075
	M3	Advising Room, School of Foreign Studies	2 nd floor, Research and Education Hub soudan@sfs.osaka-u.ac.jp http://www.sfs.osaka-u.ac.jp/en/campus_life/consultation.html	

吹田キャンパス SUITA Campus

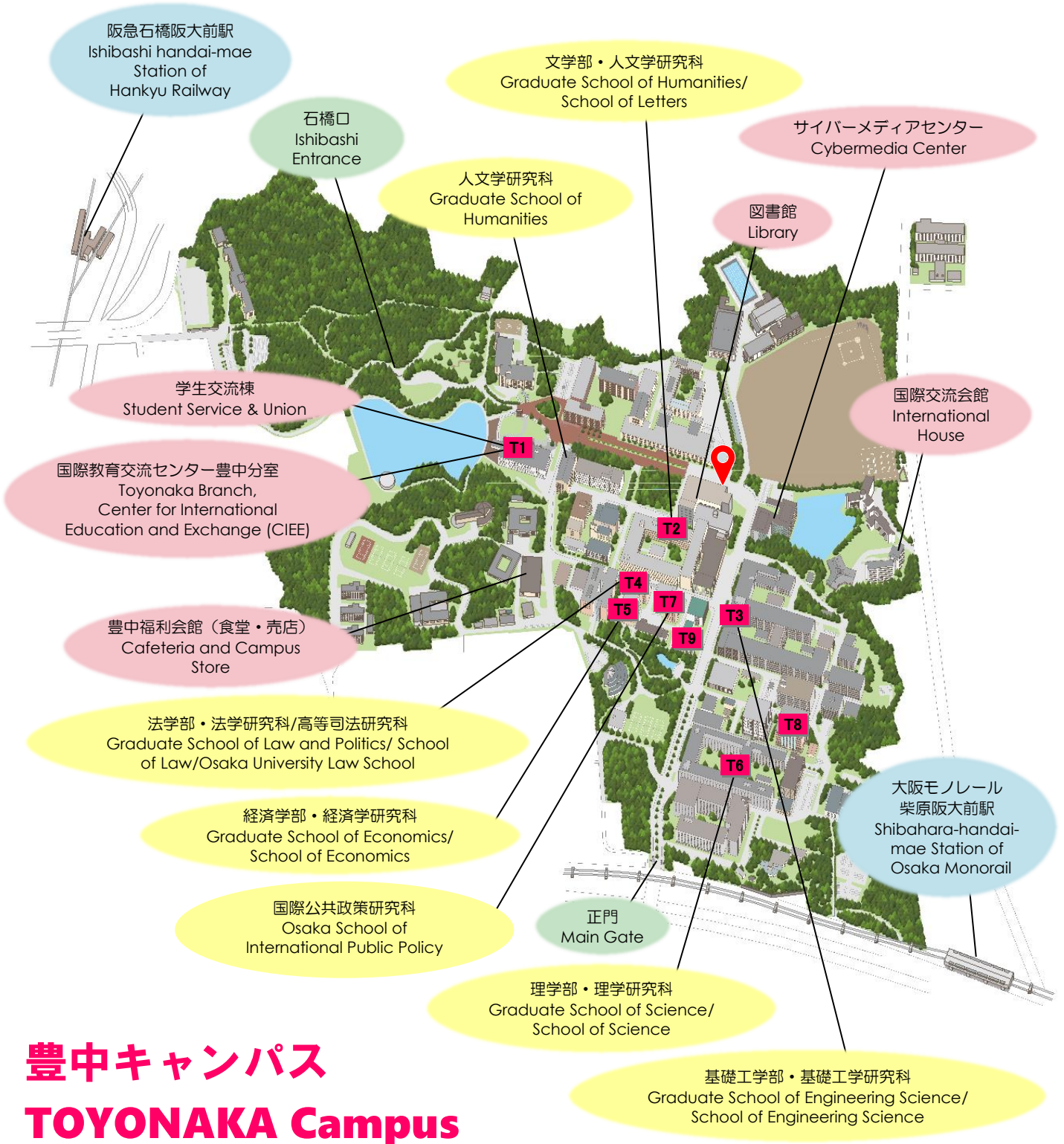


大阪大学の留学生相談室マップ

Map of Advising Rooms for International Students

Osaka University

 学内バス バス停
Inter Campus Bus Stop



阪急石橋阪大前駅
Ishibashi handai-mae
Station of
Hankyu Railway

石橋口
Ishibashi
Entrance

文学部・人文学研究科
Graduate School of Humanities/
School of Letters

サイバーメディアセンター
Cybermedia Center

人文学研究科
Graduate School of
Humanities

図書館
Library

学生交流棟
Student Service & Union

国際交流会館
International
House

国際教育交流センター豊中分室
Toyonaka Branch,
Center for International
Education and Exchange (CIEE)

豊中福利会館 (食堂・売店)
Cafeteria and Campus
Store

法学部・法学研究科/高等司法研究科
Graduate School of Law and Politics/ School
of Law/Osaka University Law School

経済学部・経済学研究科
Graduate School of Economics/
School of Economics

国際公共政策研究科
Osaka School of
International Public Policy

正門
Main Gate

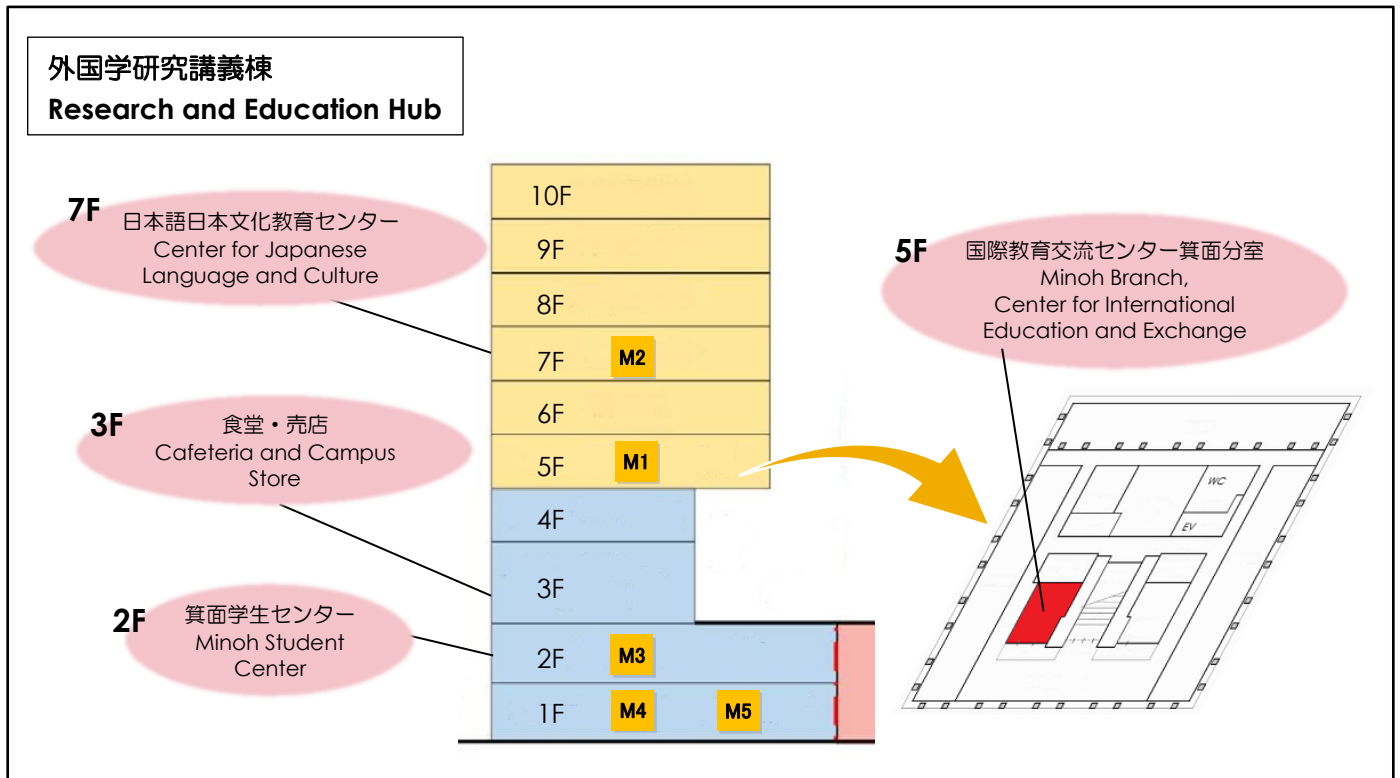
理学部・理学研究科
Graduate School of Science/
School of Science

大阪モノレール
柴原阪大前駅
Shibahara-handai-
mae Station of
Osaka Monorail

基礎工学部・基礎工学研究科
Graduate School of Engineering Science/
School of Engineering Science

箕面キャンパス

MINOH Campus



“Q&As for Newcomers to Osaka University”

Q1: I am totally new to Osaka University and feel that I know nothing. I feel lost.

A1: Please do not worry. You will be able to learn little by little and you will get used to the life here. Look inside this pamphlet and you will find the “Map of Advising Rooms for International Students.” There are so many places on campus which can support you. Why not visit IRIS at the Center for International Education and Exchange (CIEE), Suita, Toyonaka Branch CIEE or Minoh Branch CIEE? Or, you may notice there are many Schools and Faculties which have Advising Rooms for International Students. Come on in and just say “hello!” and you will open the door to a new world! You can also use information via the internet. For example, refer to the section on “Useful Information” in this pamphlet.

Q2: I have just started a new life here at Osaka by myself. I know no one. I have no friends here.

A2: You will start to meet people and make friends. You can make friends with your classmates or at your lab. On campus, IRIS, Toyonaka Branch, and Minoh Branch are the places for international students and local students to meet and engage in activities together for international exchange. Come and visit us! In addition, CIEE provides various kinds of information and activities for international students via e-mail (IRIS-Letter). If you would like to get the IRIS Letter, come to CIEE.

Q3: I am not good at Japanese (English), and I don't know whether I can communicate with people here.

A3: You are right, communication is important. There are Japanese Language programs at CIEE. You can also find a booklet which shows information of Japanese classes in local community there. Please come to CIEE IRIS, Toyonaka Branch, or Minoh Branch and ask the details.

Q4: I am worried whether I will do well in my studies and research at Osaka University.

A4: It is natural to be concerned about your studies when you start in a new place. If you have concerns, do not hesitate to talk about them with your supervising professor, or the professor who teaches one of your classes. You can also talk with your classmates or your lab mates. Or, you can talk with other students at CIEE. If you would like to consult privately, there are many places such as CIEE and other places shown in the Map of Advisors for International Students. Do not hesitate to contact us! Your privacy will be protected.

Q5: The image I had before coming to Osaka University is so different from what I am facing now. I do not know what to do.

A5: We often feel lost when there are so many differences between our images and expectations before coming and the reality after we come to a new place. You may well feel that way soon after your arrival. Or, things may go well at first, but later feel disoriented. How about contacting your family and friends and sharing how you feel now? Or you can visit CIEE or other places in the Map of Advisors for International Students and share with others or consult privately at those places. “Useful information” has the information not only in campus but also off campus. Please do not stay alone, but contact someone.